



The Twelve Lessons of Oneness

Message Ten

Claiming your Gift of Divine Presence

Originally Delivered July 26, 2008 TOSA Ranch, Tijeras, NM, USA Through Wisdom
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...unlocked September 19, 2021

The Archangel Zadkiel shares through Master Lady Kira Raa:

Yes! BE-loved Ones! Before you now is a great green emanation, arising from many crystalline worlds that are re-unified with great healing power. This energy is HERE...in this world...NOW... holding it in a great cocoon of healing energy. Within this healing energy, IT IS... a great gift to re-cognize that each has the capacity, re-cognition, and understanding to ignite great healing, in this time... NOW.

Activating within Wholeness

BE-loved Ones! Release your Webster's understanding of healing. To heal! To BE present... is to BE fully activated within the wholeness. Re-cognizing that healing IS "whole-ing." A new word for thee that offers greater understanding of the wisdom of compassionate action birthing through this green and emerald energy. Compassionate action and wisdom... together... become the manifested energy of the Mastery Divine presence through your beloved bodies. This IS present, and in motion... now.

In this now, ALL is in the great expansionary experience; is it not? Yes! IT...IS. Each experience is becoming bigger and bigger and bigger. Bigger than life. This will call forward an energy that will support a run-of-the-mill experience to become very, very big... very, very often. This is a gift! As YOU ARE... in Divine connection with the energy of Being whole... YOU BECOME WHOLE ... faster. We love this!



As the energy of wholeness anchors, and the energy of healing is declared by many, within the gift of the healing and the wholeness IS... a Divine Presence seeking re-emerging with each ascended heart.

Spinning the Divine Merkabah

The Divine Merkabah of the face, *when spun with Avesa breath*, calls forward a great wave of whole-ing/healing starting at the root chakra of the traditional spine area. From this chakra, lift this energy up as YOU transmute it through the heart. At this divine center, spin this energy as YOU Experience BEing fully embraced with love, presence, passion, action, knowledge, and wisdom. Igniting the mastery presence that surrenders into wholeness. A great gift!

Surrendering fully invites the presence of wholeness to ARISE as the opportunity TO BE... with-in your Divine heart center as the 100-fold emanation of your energy field. Imagine yourself in this moment... 100-fold bigger, taller, wider.

IT IS... a gift, when you consciously offer to your-self the opportunity to go beyond the cosmic passages of the highways of this world. Many cosmic passages are re-a-lion-ing and opening...NOW.

Great portals are opening, spinning, twirling and swirling.

This great spinning re-a-lion-ment births a whole energy. As you would be unable to spin with it, YOU...WILL... spin through it. For many who spin through, chaos is the first sign.

To spin through an energy field of Divine wholeness, without re-cognizing YOU ARE... within IT... brings chaos until the gift of the spin is embodied.

The Merkabah of the face, in harmless a-lion-ment with the Self-Ascended state of the chakras, opens the golden portal of Divine connection. A gift for YOU. And...IT IS...your choice. Many choices are before you. Your daily...momentary... second-by-second, millisecond-within-millisecond energies, are expanding 100-fold with you.



Notice the expansion of ALL time around YOU. The fluidity of time. The challenges to fully a-lion within linear time.

Those choosing linear time are holding on as a fly stuck to fly paper. They scream, "Get me off of here!" They are stuck and flailing seeking to leave. BE-loved Ones, IT IS... simple to remove the stickiness. Simple relax the inner resistance and BE.

To BE without resisting recognizes and understands that beyond this world, space and time, IS great presence of wholeness and healing. This green energy is restoring for your planet in many ways and forms.

Being Present to the Green

Gaze around and BE present to the illumination of green. Go deeply within the green as YOU discover the Diamond Ray. Offer your-self the re-cognition:

Where there is green, there is healing.

Where there is healing, there is whole-ing.

Where there is whole-ing, there is the Divine love of the universe, manifest through YOU...NOW.

YOU ARE... the Divine love of the universe manifest through YOU...NOW.

BEloved One! Lightbearers. Torchbearers. Wayshowers, Custodians, Guardians, and the Wisdomkeepers! Those who ARE... in each way of Being... are fully resonant NOW and birthing again. Great communities of Light are crying out! Great united voices are saying, "Hello! Here we are!" Many ARE hearing, as many are not.

BE-loved Angels! When you sit with your eyes open in a dark room, eventually they adjust to the light; do you not? As a single ray of light enters the dark room, it may hurt your eyes. In that moment the choice is made to either adjust to the light or to remain in the comfort of the dark. And! When the ray of light shines brightly, more shadows are created. Simply notice...where are you comfortable?



More shadows present as there is much more light present. A celebration of BEing in form. In your world, ALL is alive and ALL is expanding. Within the ALLness energy, ALL IS...present... now. The ascension portals are ALL open and the crystalline grids are re-a-lion-ing.

In this fluidity, the energies are coagulating as they would to assist a wound to heal. When a wound heals, the blood coagulates to find a new way of BEing resonant, whole, and healed... again. Whenever there is a wound, there is an opportunity for great healing. When the opportunity before you is as a BEing of Light expressing great emanation, the opportunity to reconnect with your Divine Presence arises.

BE-loved Ones! In a world with light, dark, shadow and all shades of all color, where do YOU find your heart?

Where do YOU stabilize your wisdom?

How do YOU understand the gift that you are?

Pay Attention to Your Body

In this moment of linear time, in the reunification of ALLness into ONEness, your precious bodies are step one in speaking to you with Divine integrity. IT IS... important to pay attention.

Your body will all-ways show exactly where wholeness is arising. Where expansion is BEing reclaimed, and where your healing has come forward. Pay attention to your body.

When your body comes forward and you pay attention, YOU arrive into the re-cognition of heart-centered expanded action. YOU understand... that YOU ARE, indeed, present. Understanding YOU ARE... receiving with every millisecond of your existence... here. You have not, ever not, received. You receive breath; YES?

When you receive the gift of breath, and invite it to fly through your body and illuminate YOU... you receive life, restoring it-self, moment to moment, cell to cell.



Bringing

Forth

Miracles

As each cell restores, and moments of rejuvenation ignite... YOU offer to your-self the gift of Divine recognition and presence. Your world... now... is waking up to a greater understanding of her Divine divinity. We share this to assist your understanding of the divinity of ALL the gifts of the Divine expression of energy.

When energy is put into motion with heart-centered action, miracles occur. What is a miracle?

IT IS... YOU, in wholeness, without any doubt, period.

Is that not a miracle? To BE... in your wholeness without any doubt! To BE... in your wholeness without any doubt, expressing that gift every moment of every day. This is when every-thing aligns. Every-thing.

You no longer need to write little affirmations. We hear these. *Please give me. I want. Bring to me now.* Often this has to do with money, or a partner, or other availabilities. When your heart is fully available, YOU walk with the Divine, as a smile of inward recognition. YOU ARE...at ALL times without doubt and without the need to ask for any-thing. ***Imagine your world without having to ask.***

In this world, peace IS because YOU ARE...PEACE! You need not ask for a partner as they are here. YOU will not have to seek because you have been found. And! YOU have been hiding in you the whole time!

A ruby slipper moment, is it not? Yes! Put on the slippers, click your heels three times, and KNOW, "HERE... I AM. HERE... I AM. HERE... I AM!" YES!

BEloved Ones... YOU...ARE and YOU have all-ways been. YOU ARE... cycling into an extraordinary way of Being! Structures shift and this is a good thing. As structures shift, they offer YOU the opportunity to breathe. To BE. To pay attention to what is coagulating inside of you.



Releasing the Insanity of Perfection

Notice! Is negativity trying to coagulate? Is the energy of love and joy coagulating around you? Are you in bliss-full surrender to the truth of YOU? Are you a-lion-ing with the many miracles all-ready presenting into your life experience? They are all-ways present!

BEloved Ones! Seeking perfection while you are in a body, is and of it-self, a false security. How can you be perfect in a body? You try so hard and get frustrated; do you not? YOU ARE... in an imperfect body. Hoo hoo! IT IS... a gift of Being... here.

These bodies are fluid, and they change. You are born one size and not that size now. Your body has changed. What is perfect at two months old is not perfect now. What was perfect yesterday may not be perfect now.

To continually strive for perfection, is another word for what you call insanity. Yes! Striving for perfection creates an energy of collective insanity. Yes! AND... BEloved Ones... through the understanding of collective insanity, you discover infinite peace.

You re-cognize that to play in the world of illusion, and aspire to perfection, is a wonderful, fun, and insane adventure. Remove your straitjacket and BE free again. Yes! KNOW! "I AM free to release the insanity." Yes!

We offer these words so you can feel the gift of the illusion. AND! The gift of illusion is a gift. Through illusion, you experience every-thing. You experience your-self as foreign. You experience each other as gifts of joy and love. You experience the ALLness. You experience every-thing there is to experience while you have a body on a planet that loves you so much that she supports your shift.

***Your planet is not involved in your shift; your planet is supporting it.
She is responding to your request.***



Finding

Divine

Presence

BEloved Ones, what are YOU requesting? This is the gift of interactions with ALL. Every interaction, not just some. Every interaction ignites an opportunity to claim your Divine Presence without doubt.

***As you KNOW your Divine Presence without doubt, run up to each other,
Place your arms on their shoulders and declare, "I AM, and I KNOW IT."***

BEloved Ones, in a world of insanity, it is okay to fake it till you make it. Run to many placing your hands on their shoulders and declare, "I AM, and I KNOW IT." They say, "Okay." IT IS... an opportunity to experience feedback.

How do you experience energetic feedback from your world, your peers, your people, your animals, your trees, your grass, your air?

Your air is offering you feedback. Pay attention to how you breathe, where you breathe, and what you experience. Your trees and grasses, are ALL offering feedback. Your beloveds are offering you feedback. ***How do you experience them?***

BEloved Ones, bring your hands up and activate the Merkabah of the face. Activating the middle finger of each hand, bring one to the top of the Star Consciousness area, and the other to the top of the throat. The top finger activates the upward pyramid, and the bottom finger activating the downward pyramid. Call forward a deep Avesa breath and exhale fully as you experience your-self as Divine bliss.

BEloved Ones, as you open the Merkabah of the face and initiate the spinning of this Merkabah, YOU re-cognize that YOU have all-ways been sane. YOU...ARE... indeed, present! The gift of ALL experience is the fully resonate opportunity for shift...NOW.

***How are YOU with the shift? How are YOU expressing?
In this moment... now, in your world... now, as you are with us... now, a
new day has all-ready begun. How do YOU wish to experience it?***



Your body is constantly changing and renewing, as are YOU! Remember that YOU are not your body and YOU know this. YOU...ARE... the gift of Divine Presence!

And, as the gift of Divine Presence sharing wholeness with the world, embrace the Divine gift that YOU ARE without doubt, and ALL is well.

We will take your questions. Yes?

QUESTION: *Last week a person I know chose to take her life. I feel very connected to that, and yet it's a person that I had an experience with that I found really bullying, a kind of bullying personality. How do I integrate those feelings and help support the upliftment. I want more understanding about how we all are here. Sometimes it's great suffering. How come some people choose to leave rather than go through it, like through suicide, rather than go through it and continue this kind of path.*

ANSWER: This is a power-full question. Many are glad that you have asked. As a personal note, the one who has crossed over has still not found their way, and this is the connection you feel. They are trapped, and the gift or "bigger purpose," is for you to open up your ability to assist. You carry within you the capacity to help many who are lost to cross over, and this will arise within you very strongly over the next few years.

As for your greater question of the energy of pain and how many in this planet transcend the energy of pain, let us first share, that through the great experience of BEing on this planet and BEing in body... pain is part of the gift.

You are HERE... to experience every-thing. There is not one, on this planet, that will not experience some form of pain. The expression of pain and the expression and expansion of the soul energy in form, in this world... now, will move forward with great presence.

Many are escalating now. Some are opening and immediately dive into energy of the astral realm. This offers them solace. The astral realm...NOW...is the closest it has ever been to your



world

experience... and, it is highly magnetized by many. In your world experience... now, there are many who empower it without any understanding. They are empowering the energy with strong force, and it brings forward many false messages. Falling into astral energy can call forward the perception of, "I must transcend."

The gift of transcending, and then having one that is present and awake assist through the transcendence of the astral realm is a power-full opening of a portal for many that will mass ascend off your planet and be able to find their way.

The portals through the astral realm must be cleansed.

There are many volunteers doing this now. This is because their work in this world is no longer needed or necessary for their soul completion.

Let us offer one more aspect or understanding of this. Many of the souls in your world now of the seven billion plus, are volunteers. Many... many, are refracted or refracted. Many are souls that have been split many, many times, to accommodate ALL the vessels on your planet... now.

Your planet is at the time of the reunification of ONEness. Each soul will discover its unique way to ONEness. Not all need to be here to continue the journey. Many are seeking anchored energies with those who are in the realms of dimensional opportunity, and the crystalline energy is present.

QUESTION: *What about holding presence? Holding presence.*

ANSWER: Yes! We in-joy you say it twice: Holding presence. Holding presence. IT IS... good. We love to share this as literally holding a present. YOU ARE the present; are you not? When you wrap your-self in a beauty-full bow and present in each moment as the Divine gift of light without any doubt, YOU become Divine presence. YOU ARE the present.

BEloved One, to hold presence is as simple as re-cognizing that every-thing, every-thing, EVERY-THING happens in Divine perfection. Allow your solar plexus to be in a spacious, blissfull



manner as you interact. Avoid interacting and take in any-thing that disrupts your joy as being personal, because it never is. It never is!

Only through the interactions with each other we begin to believe that a projection is personal. And, as you take in the personal projection belief, you become self-fulfilled with hatred, guilt and doubt.

When YOU stand as Divine Presence and BE the present, then what we offer is the freedom of *to discover your Divine present. Then, every day is a joyous holiday! Because YOU...ARE...HERE. YOU ARE... breathing air. Your eyes see! Your skin feels! Your heart expands! ALL are better because YOU ARE.... HERE... on this planet, NOW.*

*BEloved Ones! IT IS...a gift to BE with YOU!
WE ARE... indeed, full-filled to see your energy expanding from ALLness into ONEness.*

*Answer your own questions.
BE present with your heart.
KNOW your truth.
ALL is well.*