

The 2012 Series "The Triple-fold Heart"

Delivered at the TOSA Self-Ascension Center Antigua, Guatemala, Central America Through Wisdom Teacher Sri Ram Kaa & Angelic Oracle Kira Raa June 2012

The Crystalline Beings of Divine Light Speak:

Hello beloved angels of great and glorious light. We say welcome to thee. Bienvenido. Hello and welcome.

Limitlessness and Your Expanded Heart

In the glorious energy of the divine moment that is at hand now, your heart has expanded and we wish to offer to you simply the word 'triplefold'. Yet as we offer this word to you 'triplefold', we wish for you to ignite within your own centered wisdom, the golden energy that recognizes 'triplefold' is not a limited expression.

For indeed your heart is limitless. Indeed your energy is limitless. We offer to thee the recognition of the 'triplefold' ignition of the heart and the expansion and the Light and the illuminated experience that is at hand now.

Within the great cosmic centers of the divine universal heartbeat is a celebration, a recognition, a joy-filled moment that is at hand and yet has all-ways been. Within this joy-filled moment, within this celebration, is the connection that is ever-present when you are able to center thyself within the triple - and we wish to offer you a word - *triplified* expansion of the heart energy.

To first recognize the three hearts that we wish to explain, for when we offer to you, the heart, many immediately think of that which resides inside of the chest of a body of density. This is indeed one aspect of a heart. Yet "A" heart is a central and unified Oneness experience.

Often through all of our brethren and divine unified cosmic connected fields, the word heart is selected and utilized in your world because in your world, it is the word 'heart' that is also placed alongside the word 'love'.

To understand the triple expansion, the trinity expansion, the divine wisdom of a true heart, is to again go far beyond the limited perception of all words, the limited perception of this body, the limited perception that does and must exist while you are in form in this field of expansionary experience.



The First Expansion: Floating with the Unified Heart

Yes, this is much to share. And yes, you are ready to receive it. To begin with the recognition ... if you were to close to close your eyes now if you wish, or you may leave them open and gaze into ours as we gaze directly into yours.

Begin to offer to yourself now the recognition, the experience, the feeling of movement.

Soft, floating, movement.

And as you feel that movement, as you feel yourself illuminating, you begin to notice that you become that which You Are: floating, expansive, luminescent, crystalline Light.

Floating, expansive, luminescent, crystalline Light.



Allow yourself now to simply feel as if you are floating high above the body of flesh and yet you hear the divine gift of the beating of a heart, the soft gentle recognition of that which exists within your body, that which allows you to all-ways be in divine communion.

This is the first expansion of the heart... to be beyond the body, yet one with the recognition of the beating heart of density.

Through this gift, you ignite the cosmic connection of all wisdom. Feel this gift now and notice it. Allow that breath to be soft, and be present with this recognition.

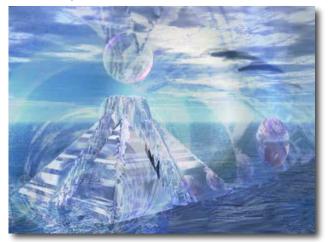
You may even wish to communicate with your heart through this way, asking the heart that beats with the oneness of the density form asking this heart: How? Where? When? ... How? Where? When?

And it will answer you. Yet in order to receive the answer from the cosmic central wisdom, one must be in this space when the questions are asked, because in that moment they are not questions, they are revelations of divine wisdom that are hidden beneath the complex systems that seek to govern you while you are in a body, so you simply fly out of the body, connecting with the central illuminated heart to be able to hear the heart.



The Second Expansion: Crystalline Reunion

We know you understand this. Take in a breath and let us continue our journey.



Moving ever further, feeling one with this heart expansion, we offer to you as you offer to you, the divine second connection of the heart.

This is the universal reunification with the divine crystalline nature that is ever-present and ever with you. You feel thyself as if you are within a room filled with family.

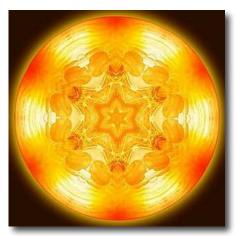
Perhaps for some you wish to call this up as a visualization or an active recognition. For many of you, you will see crystalline temples, great oceans of crystalline seas, feel gentle breezes and notice what feels as if the divine reunion with your cosmic brethren.

Within this reunion, with each touch, with each hug, with each connection, with each gaze, with each moment, there is the ignition of the greater heart. There is the recognition of the One energy that you have not ever been alone, that you were never left, that you have not been traveling without many beside, that you are indeed a great Presence, and that your Presence carries with it the ignition of the divine gift of great crystalline Light.

A great heart indeed...Take a moment and feel this gift come into thee.

The Third Expansion: Oneness with the Central Core

And then we travel again, and you at this point are aware of simply Being...Simply Being. You begin to notice golden light. Beautiful streams of golden light and great spirals around thee.



You notice lotuses and you feel the silence, you experience the silence, and you are active within the silence.
This is the central Oneness, the central core, the central energy. You are that energy.
There is no need for "A" heart, for you are "the" heart.



Expanding through the Heart to the Pure Essence of Love

Let us go beyond the words of the realm. From heart, let us go to love, and from love, let us release all concept of love, and simply experience this gift...now.

For within the experience of the experience of the experience allowing your energy now, starting from this divine one, coming into the crystalline temples for the soul-connected family, bringing this energy in, beginning to hear the heart beat again, bringing it back into the body that you are sitting in now.

This unified stream, this triple expansion, is infinite. It is without limit. It is without exception. It is the place where the answers are. It is the moment where your journey begins again.

For indeed, for many many eons you have traveled in great bodies, in many experiences, and with many forms of heart or love.

And for this experience right now, right here, in this moment, you are at a great juncture, a great choice.



To continue the journey in full recognition of the unified stream in one heart energy,

OR

to continue the journey in the fullness of the densified experience.

What...Where...How...The Great Choice

These are the same experience, yet they are uniquely apart as they are uniquely together.

For to carry a body will experience all that a body can experience. This is the 'What' that you have chosen. You have chosen this form. You have chosen physical form.

And for those who no longer choose physical form, there will be a rapid movement away from physical form. Because the 'What' is being decided...As is the 'Where'.

For those of you that choose to stay in physical form, you will feel strong guidance as to where this 'What'...the 'What' of the physical body, is to be. And this does not need to be a stagnant 'Where'. The 'Where' may have many places. The 'Where' may have one place. The 'Where' may have many forms. Pay attention through the energy of the triplified heart and the 'Where' reveals itself.

This leads you to the 'How'. The 'How' is indeed the greatest gift of the journey because it is without any boundary. It is without any rule. It is without any problematic suggestion.

'How' do the 'What' and the 'Where' express?



Understanding the Expression of the Triplified Heart

'How' do the 'What' and the 'Where' express?

- 'What' is the form. (your physical body)
- 'Where' is where the form is in all dimensions...not just this one.
- 'How' is the gift of your *divine connected triplified heart*.

In a world that seeks to control all that you are, in an experience that seeks to oversimplify, over-stimulate, over-ignite, in the essence of fear, doubt, guilt, pain, and anger, YOU...the truth of you...in the energy of the triplified heart...are being called.

Hello. We are calling.

And for those of you that say, "I am ready to move forward. What in a form, in this form, I am ready to move forward, yet I am ready to move forward in the full connection of the unified realm of divine heart."

We say, "Hello, we are here. Together we will join hands and command the Light and allow the upliftment process to begin."

And for those in the 'What' that choose to be in the fullness of the densified experience, we say, "We are here and will silently sit and guide and be present, so that you may be uninterrupted in the full expansionary experience of all that density is seeking to create now."



What? Where? How? ... What? Where? How?

To be in the full connection of the true heart, through the ignition of love, to invite any other question would be to deny the answer that is within thee.

So for this moment, there are no questions that need to be responded to, for it is your unified questions of the questions that have been received and the questions that have yet to be received that have called forth this message moment for thee.

For this moment, for all moments, for the eternal moment.

It is time.

What?

Where?

How?

You are the divine brethren of great cosmic origin.

When you allow thyself to continue exploring that truth without doubt,
we smile at the great revelation that will effortlessly bring forward for you now.

Beloved angels, you are great, and you are magnificent co-creators. It is time for thee to offer thyself the gift of commanding the Light or commanding the density. These are both great gifts, and all gifts are available to all now, and each is given the gift of deciding.

Float with us now beloved ones in the cradle of the divine crystalline heart, of the center of the divine recognition of all that is. Sing beloved ones again.

Sing with the recognition of the harmony of the universe, for it is an effortless journey and it is time for you to call that in again.

Do not be afraid, unless of course you choose to ignite fear.

Allow yourself the gift of simply recognizing the universal heart, the triplified experience.

It is your now and it has great momentum.

And so it is. And so we are. With great love, we offer you the breath of the cosmic center.

And so it is.

