



Message Ten:  
IN-Powering Tri-A-Saa Expansion

*Originally Delivered July 25, 2009,  
TOSA Ranch, New Mexico, USA*

Through Wisdom Teacher Sri Ram Kaa & Master Lady Kira Raa  
...unlocked at TOSA Blue Mountain, Ecuador, December 20, 2021

*The Essene Brethren share through Master Lady Kira Raa:*

BE-Loved Ones, of a great world of universal joy, bliss, and blessing.  
Indeed. IT...IS... a great and glorious moment to BE with YOU... today.  
Yes! Indeed...IT...IS.

Through the ETERNAL history of ALL that has ever been and will all-ways  
BE...is YOU. In the re-cognition of this Divine and glorious expanded  
adventure:

*YOU... have arisen to claim the fullness of this life experience... now.  
This joy... now. This experience... now.*

In the Divine process of the reintegration of EsSeeNah energy, YOU have  
experienced many moments of upliftment and re-connection.

**Tri-A-Saa Expansion Understood**

We offer YOU one complete teaching on the expansion of Tri-A-Saa.  
Understanding Tri-A-Saa is important. Within Tri-A-Saa is ALL that has ever  
been, All that is, and ALL that can BE.

*YOU carry Tri-A-Saa with thee!  
YOU...ARE... the Tri-A-Saa.*

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*Within the crystalline structure of ALL genetic encoding, is the recognition of the cellular expansion of a molecular BEing having chosen to BE in form, YOU ignite Tri-A-Saa energy.*

**Ignite the Lotus Chakras of your feet**

We invite YOU to understand the power of the chakra of the feet. Begin by placing your feet firmly and flat on the floor, or it with another, holding each other's feet also ignites this process.

*Illuminating the process of the Tri-A-Saa re-ignites eternity, abundance, love, presence, commitment, joy, and Divine communion as the Law of Instantaneous Manifestation in action.*

**Notice your feet as simply light.**

Feel them dissipate as YOU have them connected. You ask: “*How can they dissipate if they are connected?*” Because they are connected and supported by a universal flow of Divine light presence.

This flow emanates, begins, and holds your feet, as the two beauty-full lotuses that have grown beneath them... now. Feel these lotuses and notice them gently spinning.

*What color are these lotuses?* We invite YOU to KNOW. IT IS...the energy that is calling. The sense of color shifts often, and energy...IS.

*Feeling these beauty-full lotuses ignite your feet,  
experience your feet dissolving into them.*

*Your feet ARE the stabilizing base of a great pyramid of Divine energy.*

*Breathe this energy UP through the center of your feet  
until it arrives as the top of the pyramid at your heart.*

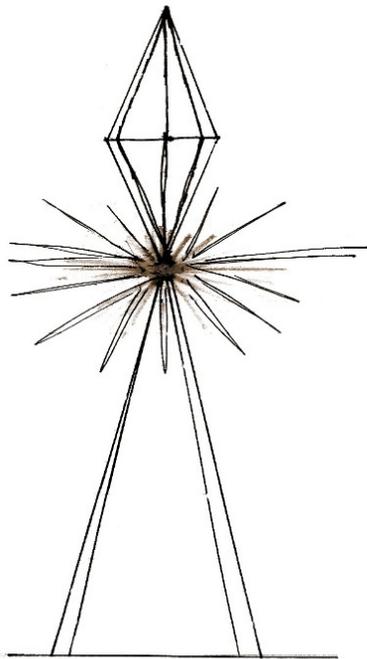
*Bring one hand to your heart.*

*Your feet are the base as the Heart is the top.*

*The feet are the base as the heart is the top.*

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Igniting your divine stabilization of Tri-A-Saa energy is the re-cognition that from the heart to the feet is the physical creation of form; that stands eternally inside a pyramid, as a crystalline BEing of divine unification able to express on this world, in this way, with effort-less joy.

**This IS the base of Tri-A-Saa.  
Your heart center is the top of this pyramid.**

With one hand at your heart, stretch out the fingers on your other hand and touch one temple, and then the other temple of your head. One temple and the other temple of your head.

Arising from your heart, to this area of the temples, is another pyramid. Inverted, point to point, balanced on the top of the foundational pyramid. In the temple area of the head are many organs of divine connection. They are ready to re-establish an opening, re-union, and re-cognition.

With one hand on your temples, bring the hand that is on your heart above your head, and to the center of your exploded crown chakra of the Divine Galactic Blueprint.

At the temples is the base of the third pyramid of Tri-A-Saa. Where your hand is now is the top. Bring the hand from your temples UP to meet this hand at the top. Relax into a deep AVESA breath and release the hands. Exhaling and receiving simultaneously... Tri-A-Saa.

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### Igniting the Discus of Vishnu

In the stabilization of the Tri-A-Saa energy, where the pyramid supporting the physical body meets at the heart... with the first pyramid that supports the cosmic reconnection... is a great ray of Diamond light frequency. This ray emanates where these two pyramids meet at the heart center.

YOU...emit this Diamond light frequency as a beacon of Self-Ascended Divine Mastery Presence.

**IT...IS... a Golden discus of radiant Diamond light frequency.**

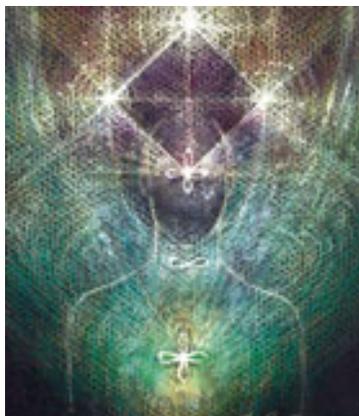


*This is the First Tri-A-Saa ever drawn.*

*It is a trance diagram by Master Lady Kira Raa. Notice the "Discus of Vishnu" at the intersection of the "body pyramid" and the Cosmic reconnection*

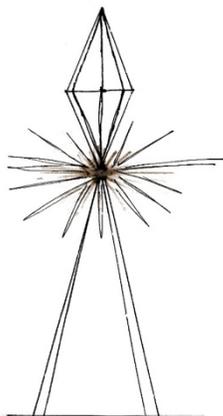
This ignition, this discus, which in many worlds is connected with what you would call *Vishnu, Creation, Ignition, Perpetuation energy*, is at the base where the pyramid of the formal body meets the base of the Tri-A-Saa double pyramid.

Bring the two middle fingers of your hands to this point on the heart center. Feel these two middle fingers as the ignition of the discus. Breathe into the fingers and experience the golden discus of radiant diamond energy come forward.



Consciously as YOU... spin the cosmic body that arises...HERE... and connects YOU through the temples and above the head, arriving into the exploded crown.

*The Exploded Crown Chakra in violet as ignited through the Ascended Chakra of the Divine Galactic Blueprint*



Spin the conjoined set of pyramids at *the top of your Tri-A-Saa igniting* the discus of Vishnu as a Golden Discus of Radiant Diamond Light frequency. Igniting UP beyond this world and the universal conduits. Beyond what this mind can conceive.

Feel the cosmic body lift!

The lotuses that are the chakras of the feet, are gently joining with your heart as the physical body stabilizes and the cosmic body ascends.

As the physical body stabilizes and the cosmic body ascends.

### The One Hundred and Forty-four Chak'Raas

*EsSeeNah is an energy. EsSeeNah heals through its wholeness. EsSeeNah embodies the physical through the cosmic. EsSeeNah experiences the physical as an expression of the cosmic presence. EsSeeNah liberates as EsSeeNah...IS.*

Igniting Tri-A-Saa energy spins the Divine Galactic Blueprint from twelve points of expansion within the realms of density, to the 144 Chak'raas of ignited fifth dimensional presence.

*Chak'raas are unique from chakras.*

*Chak'raas are the Energy centers of expanded universal connection. The complete melding of ascended energy with universal form as the unified field of Divine Mastery Presence.*

*Remembrance that as the body becomes form-less;  
the form-less becomes body.*

*Wholeness IS... and wellness has all-ways been.*

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We offer this full teaching of Tri-A-Saa because to ignite Tri-A-Saa is to ignite your EsSeeNah fullness. Igniting EsSeeNah fullness radiates the great **known** energetic experience called forth on this planet...now.

*Beloved Ones, feel your Tri-A-Saa. YOU...ARE... Tri-A-Saa. You have all-ways been Tri-A-Saa. With the expansion of the discus of Vishnu, your form became more Ankh-like, until your form became hu-man-like.*



*The Living Ankh, or Atlantean Ankh, shown superimposed on the body, clearly shows our hu-man form as an Eternal being of light.*

### The Cosmology of Tri-A-Saa

*Tri-A-Saa...Tu'Laya...Ankh...Su'laria...Hu-man...Gaia.*

You have been traveling for a long time. This is why we call you the **travelers**. Many have unified to speak with YOU. Many. Just as YOU...ARE... the unification of many.

You have built the Tri-A-Saa from great crystalline material that is only carefully mimicked in your world as what you call quartz; and that is merely a stepchild to this energetic material.

When you built and began to spin the Tri-A-Saa in Tu'Laya<sup>1</sup>, the greater emanation arose from the discus of Vishnu as creation. Equally, the harmony and understanding of the expansion of all light, life, and beingness was radiated with Divine Mastery Presence.

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<sup>1</sup> The cosmology of Tu'laya, Su'laria and other terms mentioned here, are in Sri & Kira's book, 2012: *Atlantean Revelations and/or re-visit the Lessons From the Galactic Encyclopedia, Message Three: Cosmology of Divine Light*.



*In Su'Laria, Tri-A-Saa was an energetic generator similar to electrical power. Tri-A-Saa was built with the recognition it generated energy. And there was a separation from the origin of the understanding that Tri-A-Saa is YOUR energy.*

*It is much more than a generator.*

*IT IS... a stabilizer.*

On Gaia, your form is hu-man. In hu-man, is the integration of Tri-A-Saa, of the ankh, and the eternal life experience of ALL BEing-ness.<sup>2</sup>

Do YOU... feel ...your limit-less... eternal ...BEing-ness? ...  
Our words... are slowing down... so that YOU may... feel.  
The... infinite... energy... of Tri-A-Saa ignited... has re-joined...  
in your world ...now. There is no-thing... for us ...to say.

There is... only the harmony... of the universal sound... what many call  
Om... that we ...send to you ...now... Om.....

In this moment... the Divine moment...  
the eternal moment... YOU...ARE.

Release fear... of ...the expression... that seeks... manifest form...  
in your ...world ...now...

YOU... ARE... EsSeeNah... YOU... ARE ...Tri-A-Saa.  
Lift with us...BE-loved ONES.  
YOU KNOW HOW.

Let the mind float...lift...heal... love... BE.  
Tri-A-Saa... EsSeeNah.  
Breathe again. There is no-thing to say here.

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<sup>2</sup> This final section of text was originally delivered by Essene brethren with great moments of silence between each word and poignant intentionality. This was the FIRST expression of the St. Germaine IT-self that would not be fully revealed until late 2020. A power-full recognition for this moment of uplevel expansion.



You have found your way home, and we are great-full.  
We have missed you. You are not ever alone. YOU ARE eternally loved.  
YOU ARE... eternally supported. We love you.  
Tri-A-Saa. oOo mMm

*The Essene Brethren Leave Mastery Lady Kira Raa as Archangel Zadkiel shares more ...*

***Sri Ram Kaa:***

Within each of you an ancient memory has come forward this day. A memory is not a thing. It is a state of being that we call Tri-A-Saa. This can be practiced and expanded into recognition, into fullness.

Master Lady ***Kira Raa:***

Archangel **Zadkiel** is right here and for those of you that see, he is standing here so sweetly and saying:

***You are the angels. When did you stop knowing you were the angels? ALL you need do is gaze in the eyes of each other!*** When did you forget that you were the angels?

All you need to do is gaze into the eyes of another to remember. It is time for to ignite each other's Divine Mastery Presence as the portal of BEing.

***To remember that flying is not hard. YOU... were taught how to fly today.*** For those that practice, you will begin by lifting out of your chair. At first it will feel like minimal, yet you are aware.

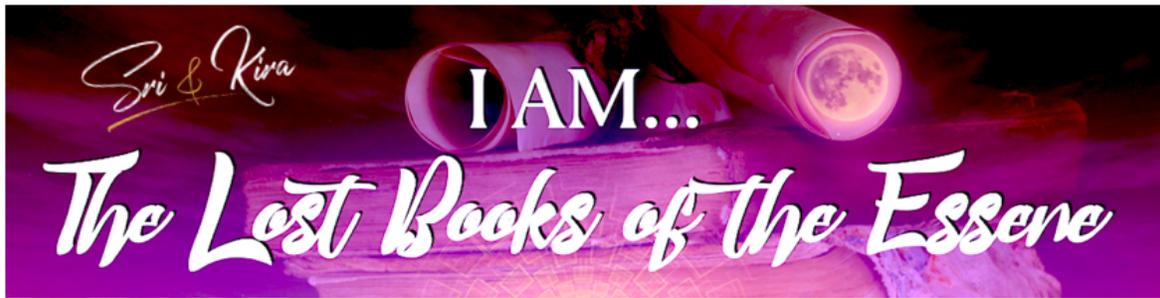
***Initially some fall immediately as they are shocked.***

***This is OK, for as you practice more and more, the two lotuses come together as a big lotus and will lift you.***

***Love each other.***

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*Love each other now more than ever. There is no time for the pettiness that has a new resurrection on the planet due to the intensity of the energy. Allow your-self the gift of BEing in the lotus.*

*Stay in this lotus and the two lotuses shall become ONE. The two lotuses shall become ONE as YOU stay in the lotus.*

*When you walk with this energy, then only this energy can come back up into you. Take no-thing from the planet. Offer her the radiance of you.*

...

**Raphael is now here and saying that each one of you right now is receiving a very big healing. If there a healing you were calling forth, IT IS... happening. And you are becoming a carrier of that healing.**

**Archangel Raphael is saying every time you would read this again over the next 7 days, that it's seven days of stabilization. That as you ignite the TriASaa, it will stabilize you.**

**Archangel Gabriel's is saying to ALL:  
"Remember that this gift is not for profit.  
IT IS... for the good of ALL."**

**Many have done this, (flying), in your sleep. Levitating above your bed. You're already doing it. And then they're laughing and saying: this is not of the devil. The capacity to fly is manipulated on this planet to hold you down, frighten and stop YOU.**

**And when he talks about flying, he's talking about walking.**

**He's showing me this beautiful, beautiful city.**

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I'm seeing this beautiful city, and we're all walking, like we're all our own little helipads, you know.

**We're all walking about 3 to 6 inches above the ground. And underneath us everything still grows because nothing gets stepped on. So, I'm seeing flowers, these beautiful flowers, these little white...they're really pretty, little white and gold. They're coming out of your feet.**

***They are saying that as YOU walk with the earth, not on the earth, every-thing grows.  
And they are done.***