



**The Twelve Lessons of Oneness**  
**Message Two: Blessing the Coming Storm**  
*Originally Delivered November 24, 2007 at TOSA Ranch, New Mexico, USA*  
Through Wisdom Teacher Sri Ram Kaa & Master Lady Kira Raa

*...this series of twelve Insouled messages are the FIRST called forward at the direct behest of The St. Germaine It-Self<sup>1</sup>.*

**Bring a hand to your heart and ignite a deep Avesa Breath...let it out with a smile...**

**I AM Discourses Page 139/Discourse XII...**

*Ever down through the centuries, have the **majority of mankind**, given their attention to the outer appearances...thereby inviting ALL kinds of discord and distress. **Today...** there are thousands who are coming to **understand the God Presence within themselves as Absolutely Invincible.***

*To the extent that they **ARE STEADILY** being raised above the injustice, (the) discord and (the) inharmony of the outer creation.*

*Until mankind, or indi-vid-u-wills, hold their attention on the "I AM Presence God within", long enough, and with sufficient determination, they will find themselves surrounded by the undesirable But!*

*Through this "I AM Presence," **EACH...ONE...** has the power to raise It-Self above the discord and disturbance of the outer creation.*

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<sup>1</sup> This document is the direct UP-LEVELED and UNLOCKED body of wisdom unifying these streams once more into "one" from the "all". Gift your-self and relax into this experience as the single flow of energy IT...IS. The content recorded is exactly as was called forward during the Live gathering of the Yoga of Self-Ascension community.



## I AM Discourses Page 84

The eastern phrase for "I AM" is "OM." That means the same thing that "I AM" means in the Western World. The use of the I AM, as its very expression indicates, is:

God... in Action... in the indi-vid-u-will.

OM is a Universal Presence.

OM facilitates the consciousness of the I AM Presence acting in the indi-vid-u-will,  
*as the active manifest application of I AM.*

This largely explains the reason for the condition in India today. Hundreds of thousands in India, through the confusion of many castes, have fallen into the error that the intonation of "OM" was all that was required in their lives.

While this brings a certain activity in hundreds of thousands of cases, it does not bring the energy of that activity into the individual's action. So it is of little benefit.

The method of the Ascended Masters throughout the ages from time immemorial, has been the CONSCIOUS USE of the I AM Presence. The re-cognition and FULL acceptance of the Divine/God in Action in the indi-vid-u-will, which calls into the indi-vid-u-will, the Full Intelligent Activity of the Divine/God Presence —the Godhead.

### *Archangel Zadkiel speaks:*

YES! Hello. IT IS... a joyous adventure, indeed, TO BE... together again, and again, and again!  
YES! How often we are together in so many ways. How often we gift ourselves with the re-cognition that WE ARE... moving ever faster in this world of great experience.

In this world of great experience, as we are moving ever faster, as YOU ARE... indeed, floating in an ocean of density, IT IS... a great gift when one can simply STOP, BE, and ASK, **"Where are my blessings?"**

### Re-cognizing the Blessing of ALL-ness

What is a blessing? As we move through ALL-ness, reunifying into ONE-ness, the ONE-ness cycle arises with great profound energy... NOW! YOU have gifted your-self the opportunity to walk through the expansion of ALL expression, ALL energy, ALL forms of Beingness.



The ALL-ness has NOW, and is NOW, arriving into ONE-ness. IT IS... a gift to re-cognize that there are many blessings! Within the ALL-ness, and the energy of a blessing, one must inquire deeply within:

***“What is a blessing; what is considered a blessing?”***

***Does a blessing expand into ALL-ness, as you arrive into ONE-ness?***

In the ALL-ness of ALL blessings, arises the Divine re-cognition that each moment, each second, is a precious gift and indeed, a blessing.

Perhaps a blessing is not something that is given to you. Perhaps a blessing is an energy that YOU CHOOSE to receive. That YOU CHOOSE to re-cognize. That YOU CHOOSE to BE in Divine presence with.

Perhaps the blessing is that YOU ARE... indeed, HERE... in this moment... NOW.

Re-cognizing, BEing, expanding, understanding, and allowing the gift of Divine energetic up-liftment. Inviting the Allness of ALL form, ALL expression that has ever been, in any way, to fully embrace YOU. To fully envelop your energy with great love, presence, passion, and re-cognition.

***Perhaps a blessing is that YOU ARE...sable to BE! To KNOW.***

***To BE... in a re-cognized state of fully embracing ALL energy.***

***Holding the space of your Divine Oneness as your fully awakened Mastery Presence.***

### **Counting Your Blessings**

Beloved Ones. IT IS... a great gift when you are able to count blessings. IT IS... an even greater gift when the expansion of counting blessings is the re-cognition of ALL experience. Beyond your perception of a personal experience, undertaking, expansion or re-cognition.

As YOU ARE... at the cycle of ONE-ness, YOU ARE... at the absolute re-cognition that within ONE-ness... ALLness has expressed and will continue to express. It will not go away.

IT IS... a reunification energy that returns as ONE energy.



## I AM Discourses: Pages 111-112

When you say: **I AM**... YOU set the Divine/God into action. AND! There is a lot more for you to realize. As YOU...feel and KNOW... the enormity of the use of this expression, and the enormous Power of the I AM to act... declare:

***" I AM the Divine/God Power ALL-mighty, there is no other power that can act."***

When YOU, say and feel this, then YOU liberate and loose the Full Activity of the Divine/God.

Other Statements:

***"I AM... the conscious memory of these things."***

***"I AM... the conscious memory, use, and understanding, in the use of these things."***

When you say: "The Presence, that I AM... clothes me in my Eternal Transcendent Garment of Light," it actually does take place that moment.

***The Secret Place of the Most High IS...the I AM Presence.***

***The Sacred Things that are revealed to you are not to be cast forth, for they are as pearls.***

***Know ALL-ways: "I AM... the perfect poise of speech and action, at ALL times."***

***Then! Your awareness is amplified, for: "I AM, the Protecting Presence."***

***The Divine/God Energy is ALL-ways waiting to be directed.***

***Inherent with-in the expression of the I AM, is the Self- sustaining Activity. Then!***

***YOU KNOW there is no time. This brings YOU to the instantaneous action. Your precipitation will soon manifest. ALL-ways preceding a manifestation, YOU will feel that absolute stillness.***







Living as the ONE energy, and conscious of the ONE-ness, the Divine blessings of ALL-ness manifest with greater frequency. ALL-ness is manifesting with great frequency, as a blessing to the Divine reunion of ONE-ness.

### **Daily Blessing Practice**

IT IS... a great gift for YOU... to claim a daily moment to literally count your blessings. Perhaps you will run out of toes and fingers. Perhaps it will be more than that. As YOU experience this moment, gift your-self with broader expansion.

As you express the ALL-ness of each blessing that has arisen for re-cognition, acceptance and a-lion-ment, YOU...will re-cognize the ONE-ness energy of these events.

***A daily moment of conscious connection to the energetic blessings that are pouring forward through ALL experience, re-connect your Divine DNA into the Universal stream. Receive the conduit of the clear stream, of wisdom, clarity, re-cognition, and understanding.***

Many in your world call out, "Stop me from judging!" Or, they demand to know why their judgments are correct. It matters not. The greater gift is these are ALL blessings! If you are not clear, can you count that as a blessing?

***"Thank you, Beloved Universe, for showing me where I AM releasing, where I AM reclaiming, where I AM seeking to capture the Universe."***

Perhaps there is nothing to capture. Relax and open your heart to BE. The interchange with others that seeks to influence your own re-cognition is a blessing. With re-cognition, YOU ARE...called into a state of ONE-ness through ALL-ness expressing. BEing called to clarity, YOU ARE... gifted with the blessing of trusting your-self.

### **The Blessing of Being C.R.A.Z.Y.**

YOU ARE... at a great momentous time. In ONE-ness there is great trust, and it must begin with thyself. The closer YOU call forth the great gift of ONE-ness to thyself, those around you will express their ALL-ness and will keep offering you the blessing!



Are you sure? Are you sure? Perhaps you are crazy! Maybe! What is crazy? Perhaps crazy is Clarity Revealed And Zealous Yeses!

**C.R.A.Z.Y.! Clarity Revealed and Zealous Yeses!**

Yes! Perhaps you are crazy! You can run around and stomp up and down and declare: "I AM CRAZY!" Good. What a blessing!

BE-loved Angels of Light, BE-loved crystalline beings of Divine presence and treasured understanding. Your very presence is a blessing. Start with that each day.

***"I claim that my presence is a blessing." "I claim that my presence is a blessing. I AM great-full that ALL who have revealed their presence toward me today are a blessing,"***

without judging the presence. Perhaps they are crazy, too! It is OK! Yes, Angels.

***In ONE-ness, ALL is released, ALL is expressed, ALL is reunified.***

In your linear time now, there are so many choices, so many options, so many ways to express your Divine joy. Each is a blessing.

***Joy is ALL-ways within ALL interaction. IT IS... a choice. Can you find the joy in ALL? If not, can you joyously have mercy on your-self? YES!***

Beloved Angels, in judgment of the Self, is the expression of ALL-ness. Here, in this world, to judge yourself is ALL-ness. YOU ARE... here... to express in ALL- ways. Judgment is One of the All-ways. IT IS... infinite! How does one let go of infinite judgment?

When you step into the infinite and become it. Then, YOU ARE... outside the reactivity of being governed by an infinite energy. YOU... re-cognize the ONE-ness of the energy. That there cannot be any-thing in ONE-ness that does not support your Universal connectivity.

This is a powerful discernment. Until you return into the Universal-ness that YOU ARE... every-thing will come forward and feel as a wound, as a pain, as an emotional hurt. It will do its best to take you away from your mastery presence of joy...until YOU step into it, re-cognizing and celebrating that IT IS... your joy.

***ALL that expresses around YOU... IS YOU. IT IS... not outside. It is the voice that asks, "Are you ready to heal me? Are you ready to claim me again? Are you ready to let go of the denial that I am you, as you are me?"***



This does not mean you must accept what makes you feel uncomfortable. It does invite you to re-cognize that within the discomfort is ONE-ness seeking to express, and Wholeness seeking to come forward. This is the gift. As you receive this gift, offer to your-self the opportunity to BE, to KNOW, and to re-cognize. Your ALL-ness is inviting ONE-ness.

### I AM Discourses: Pages 348: Beloved Jesus' New Year Day Discourse

As WE gaze upon the accomplishment of the past year from the Higher Octaves of Light, and come forward into your octave of human activity, WE... see and feel, the great shift that has taken place.

*IT IS... truly most encouraging, most assuring, of the ultimate goal of Victory in the Freedom of humankind from the chains and limitations of their own creation!*

After all, the consciousness of humankind is challenged to understand, that human activity alone... IT the only creator of limitation and inharmony there is.

#### **Embracing the Coming Storm**

IT IS... a great gift. In the great gift of this connection, understand at this time, in your world, there is a great storm that is an ALL-ness expression. The energy YOU command is without limit. IT IS... part of the limit-less expression. YOU ARE... part of this limit-less expression, so of course, you would create a great storm. A great storm commands attention, does it not?

*A storm arises and cleanses. It moves. It is fluid and it has its own cycle. It births. It is alive, and then... it transforms, leaving in its wake... revitalization.*

In your world now, do you see revitalization from little mini storms. The storm is coming forward. How do you respond?

Do you panic? Do you fear?

“Oh, my goodness, there is a storm coming! Button down the hatches, put up the boards, run away!”



How do you respond to the storms in your life? When the storm is here, what do you do? Do you hide or do you step into the eye of the storm where there is a peaceful center, and recognize the storm is around you, and is not you?

***Re-cognize YOU ARE... ALL-ways safe. YOU ARE... ALL-ways safe.***

YOU ARE... ALL-ways deeply within the ONE-ness energy of your Universal stream of Divine presence. When the storm is gone, how do you respond to the shift?

All storms create shift. All storms create shift. After a firestorm, soil is re-fertilized, is it not? After snow, crystals appear and rejuvenation arises. After great rain, thirst is quenched, the earth is cool, re-vitalization restores.

Beloved Angels! We offer the analogy of the storm, as your world is in a stormy time. How do you respond to the storm?

Many in your world have stopped counting blessings and started counting their fears, have they not? *"I am afraid of this, I am afraid of that, must take a pill for this, take a pill for that, maybe I will be less afraid, maybe I will not..."* OK! This is one way to respond to the storm, and it is not the only way. Perhaps when the storm arrives, you can say,

*"I do not need an umbrella; I AM ready to stand in the rain and see it as a baptism of Divine energy. To re-cognize that renewal and re-vitalization are upon me, upon us ALL. I can smile at the storm and say, 'Thank you for bringing us to this moment now.' I can walk through any piece of the storm, knowing there is a safe space ALL-ways, within every storm."*

Beloved Angels! If you try to avoid the storm, you will, indeed, be hit by it. It will find you. We assure you of this. You cannot hide! You cannot run! You can either really go into the storm, or you allow your-self to find the peace within it.

The blessing of the storm is calling you to remember your peace. Are you crazy? Maybe so!

### **Recognizing You Are Ready**

**YOU ARE... the Blessing.** As you make time daily to count your blessings, expanding what a blessing is and understanding that with ALL interaction, the ALL-ness has come forward with great propensity to unification energy. YES! YOU ARE...at a great shift of cycles.





There are many names for these cycles, are there not? ALL cycles have one universal recognition. The storm is here because you are ready. You have grown up and YOU ARE... indeed, transforming.

*YOU ARE... beauty-full beyond words, beyond space, beyond your time. This cycle, that YOU CHOSE to be present for, IS the shift of one cycle into another. This brings your Divine presence and your heart, into a greater alignment, a recognition, a service, with ALL that has ever been, into the Divine ONE-ness of ALL That IS.*

YOU have done it all. And, YOU will continue until you declare, "OK, this is good, too!"

*Count your blessings and step into the center of the storm. YOU ARE... the portal of ONE-ness. In the portal your cycle begins again as YOU hold presence for ALL.*

ALL are free to have the experience. ALL are free to be in Divine self-trust. Each day invite the moment to count your blessings without judgment and re-build self-trust. To consciously enter a storm demands self-trust.

Some will try to drag you; "Get out here in the storm!" And you say, "No." OK. You can let go of that hand and say, "No," or you can walk on your own, trusting your Divine clarity and recognition. As you gain momentum in your own clarity and embody self-trust without doubt, YOU ARE... ready to stand in the center.

*When you stand in the center, you gain the clarity of centered ONE-ness. The more YOU stand in the center, the easier it becomes.*



Each time you find yourself in the storm, and are able to smile and recognize, "Here I am in the storm again," you gain ever more clarity.



***Beloved Ones! We count YOU in our blessings. May YOU count your-self in your blessings. May YOU re-cognize that YOU ARE... the transcendent energy of Divine Love in body now, and that ONE-ness is why you came.***

***Can you celebrate you have done it?***

***Can you gift yourself with the recognition that YOU ARE HERE... now, at the timing of this cycle, in your world? Every being you spend a moment with, offers you a blessing.***

***Every plant, every animal, every energy, every being, every chair, every-thing, the limit-less re-cognition of ALLness is, YES, dancing its way into Oneness, and...***

***YOU ARE Here Now! Take a breath, Beloved Angels. Yes!***

### **Questions and Answers**

How may we serve you? We will take your questions.

**Audience member asks:** *The physical body seems to have difficulty with the accelerated energies - the organs, the adrenals, kidneys, liver, for example. Do you have recommendations on how to help the body heal?*

Oh, yes! Many! This is why we have brought the soul nourishment back to this planet. Beloved Ones, powerful question, no? Yes! This is a big question.

When the density vessel came forward in this world as a vehicle of Divine expression for the gift of your infinite present energy, this vehicle was designed to a-lion it-self comfortably with the energies of this world. This is within given a cycle that the body may sustain its vibrational harmony in linear years, until it the time to shed this body and return to another body. Point One.

Point Two. Earlier... many, many, many years ago in this world, the vibrational level was much, much higher. So, physical vessels lasted much, much longer. There was a greater level of vibrational harmony that provided for the body, and the ingestion of food was minimal as you would consider it today. Ingestions were very different.

There was an organic balance between the carbon-based energy of this planet and the body, thereby sustaining the form for hundreds of years.



This was prior to what many call the Great Flood on this world. After the birthing of that Great Storm, which was, indeed, another cycle in this world, the density vehicle, the sustenance, and the vibration of the planet, lowered it-self to be able to begin another cycle<sup>2</sup>. And, it has been greatly increasing ever since.

Since your millennium, the vibrational fields of your planet have exponentially gained momentum. This is because YOU ARE... at the turning of the cycles. IT IS... a great gift! Many will reach “the enlightened state” in greater numbers than would have ever been in a millennium of years! OK, good news.

The perhaps not so good news, is that your bodies, if they adhere nutritionally to a pattern of eating designed for the densified experience, will respond very strongly. This is a choice, of course.

Notice how many people are sick. Your bodies are so extraordinarily wonderful, that they call to you all the time, and say “Hello, are you listening? Hello. What do you want to do?”

Each “Hello” is a choice. Do you choose to be depressed? OK! Take a pill or perhaps invite your-self to ask, “*Who is taking the pill, the body or the truth of my precious beingness? Who needs the little purple pill to digest?*”

Your choice is simple. How YOU say yes to the choice is where the body of density will do its best to distract YOU. *Where do YOU wish to a-lion vibrationally?*

If the egoic mind believes it is enlightened, and the emotional body wants to eat a product of the chemicalized density, there will be a great reaction in the body. This is OK. Count it as a blessing. It gifts the opportunity to authentically notice, “WOW, that split is still inside me!”

Who is eating? Who is aligning? Ask your-self: how can I support the body?

We encourage you to re-cognize that your vibrational planet has lifted. If you wish to lift comfortably with it...YES... there are things you must shift. Yes! The planet is shifting.

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<sup>2</sup> This is a direct confirmation of the theory purported by Einstein: “What we have called matter is ENERGY whose vibration has been so lowered as to be perceptible to the senses. There is no matter.”



YOU are shifting! IT IS... your choice, of course. If you choose to avoid the lifting energy, your body will offer everything you need to know. We encourage you to make a clear choice. Consistent, “Yes/No, Yes/No, Yes/No, Maybe, OK,” will, indeed, make your body react. BE clear! Stay clear! Perhaps you need to be C.R.A.Z.Y! YES!

*And so... IT IS. And so... WE ARE. And so... YOU ARE, Beloved Ones.*

*May YOU, each moment of every day, remember that YOU ARE the gift, that YOU ARE the blessing, and may YOU take one moment each day and count your blessings, expanding the recognition. WE ARE, indeed grateful for this moment with YOU...now, and in the storm, Be, Allow, and Feel your heart open ever more.*

*May each day, each day, allow doubt to dissipate even more, and each moment fill you with self-trust, re-cognition, and Oneness.*

*Many Blessings.*