



Message Six of Twelve

Igniting Ascension Consciousness: Three Steps to your Divine Heart

Through Wisdom Teacher Sri Ram Kaa & Master Lady Kira Raa

Delivered at TOSA Ranch, Tijeras, NM, USA

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Master Lady Kira Raa shares just prior to the In-soulment:

Allow your-self to take a moment and feel your Ascended heart. The Ascended heart is the root of the Ascended chakra system¹. As we invite ourselves to anchor this root center, the Divine Universe opens.

YOU...ARE... all-ready having a perfect life! YOU...ARE...FREE...to have the most amazing life ever.

YOU...ARE...FREE...to have an incredible life! May you allow that gift to be your resurrection today.

Sri Ram Kaa shares:

Let us ALL resurrect our trust, our love, and our knowing. ALL...IS... Well!

Archangel Zadkiel speaks through Master Lady Kira Raa:

YES! Indeed! WE...ARE...divinely guided, are we not? YES! As WE...ARE...divinely guided, and as WE...ARE...divinely ready and present, WE...ARE...indeed ALL together.

Dearest children of the One Beloved Light of ALL THAT IS...and, ALL THAT HAS EVER BEEN, IT...IS...important, dare say imperative, for YOU to offer to Your Divine Heart, the re-cognition and the BE-ingness of ***your response-able knowing of the Light that YOU...ARE!***

Beloved children, you are living in a sea of goop, are you not?! YES! *(much laughter)*

Indeed! As you move forward out of the sea of goop, IT...IS...important to re-cognize that if you swim in goop...goopy you become. When you invite yourself into the divine recognition of upliftment, when you IN-power ALL THAT IS within thee, when you stand witness to your own response-able knowing of the Light that IS AND HAS ALL-WAYS BEEN; from there, YOU...ARE... goop free. YES!

¹ The Ascended Heart is the anchor of the [Divine Galactic Blueprint](#). The Ascended Heart anchors as we hold our physical chakra system in the state of Self-Ascension. This is understood as [The Self-Ascended Chakra System](#).

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IT...IS...a time of great re-cognition among ALL tribes of what you call Earth². You have many names for tribes. We use this word, now, because we see around us so many from different tribes. Many have identified with tribe-ship. We invite you to re-cognize one thing:
is not the recognition of a singular tribal alignment, in and of itself, a form of separation?

***We invite you to pay attention to this.
ALL forms of density seek to impart a separation energy.***

Many witness this ALL of the time. Let us offer an example. Have you ever seen a little doggy with separation anxiety? Hmm, yes. It will jump around. It will eat your shoes. It will eat your couch. It will most likely eat your steering wheel if you leave it in the car. IT...IS...filled with the anxiety of being away from the one that it perceives as it's source, as its master, as its guide.

***Perhaps the energy that you are expressing in this world now, is your own form of separation anxiety. Acting out because you seek your one divine source.
With each alignment, with each refraction, with each separation re-cognition, you offer to your-self the divine presence. The divine gift of coming forth into reunification and your own Integrated Ascension Knowing.***

Integrated Ascension Knowing. My goodness, I-A-K, IAK (*Akh! Crowd laughs loudly.*) YES! This is what you may say when you realize you are there. IAK! YES! IT...IS...important to KNOW this.

So many are so serious. So many in this world now are so very serious all the time. Must be serious, so serious, oh so serious. Dearest beloved children, the greatest gift you have within your own divine Beingness...NOW...is that which lights up your harmonic heart.

***You light up your harmonic heart through so many beautiful ways!
Are you using them?
Let us count the ways, OK!***

² This insoulment was unlocked on February 15, 2021 in the energy of the Rising Reunification of the Indigenous and Cosmic presence. This will first expand consciousness for ALL during the March 2021 Equinox. This is being championed by the [WWAGlobal community](http://www.WWAGlobal.com).



Way #1...SMILE.

My goodness. You may say, oh Zadkiel, this is so obvious. We say, we know! Why are you not using it? Yes! Each time that you call forth a smile, anytime that you offer a smile, anytime you are in the energy of divine joy, you open up your portal of Divine Love. Perhaps you need a Smile-O-Meter! Yes! How many times a day are you smiling? Get your Smile-O-Meter out. IT...IS...important. IT...IS...important. Yes! This is #1 as we count the ways.

Way #2...Divine Movement.

Your beauty-full bodies love to move. Whether you float in water, walk, move your arms in sacred mudra, run or simply sit and allow the energy to flow, simply notice.

Are you moving, or are you in congestion? Do you sit with a rigidity that says, *I will not change and my way is the only way, period, end of story.*

Or! Are you smiling into the divine flow? Beauty-full ones, you flowed into this world, you flow through this world, and you will ALL flow from this world. There is no beginning. There is no now. There is no end. There is simply the beauty-full cycle of divine flow. The rhythmic knowing of ALL that has ever been³.

Feel the divine water of the Universe flow through you. When was the last time that your breath came from divine flow? Every breath! **Every breath is a gift of movement.** Take in a deep breath and offer gratitude: **thank you dearest Universe for that divine moment.** YES! Let each breath BE the divine movement. Let each smile introduce another divine moment.

We count the ways. Way #1, the smile. Way #2, divine movement.

Beloved ones, IT...IS...so simple to become rigid in this word, is it not? You build hard structures here. You cut down trees and harvest them. You cut down any-thing possible on this planet and build deep structures.

³ This insoulment was unlocked in February 2021 as the FIRST infinite spiral of Concentric Time comes forward to initiate the flow of creation through form in this experience of density.



Let your- self flow! Flow and BE. Let your breath BE your flow.

You do not need to live in a special place or believe any-thing other than you are breathing. And you can all agree on this, as you are here. It's an easy yes, is it not? Can we all agree that you are breathing? Can we agree that breath and flow, ALL help to remove rigidity?

We count the ways.

Way #3...tone.

When was the last time you let your-self really tone? Or, are you rigid? Stopping the flow and saying: *"not my tone, not my voice, oh my goodness, others may hear!"*

Beloved children, your voice, your beauty-full voice, your tone, your soul song⁴, is crying to come forward. It says re-lease me! Let me come forward now!

When you place your hands over what you call the navel, you will find soul song very accessible here. THIS...IS...the place that assisted to nourish you into this world. THIS...IS...the place where you can find the tone of BE-ingness.

Float in water and bring your hands to the navel. Allow yourself to relax and allow sound come out. Hold this place of deep sounding until every cell, every muscle, every tissue, every ounce of your BE-ingness says YES...I have found my essential tone. And, once you have found it, you cannot lose it again. IT...IS...up to you, to practice.

We count the ways, Way #1 was? (Audience answers "Smile"). All right. Way #2? (Audience answers "Divine Movement"). YOU...ARE...so amazingly attentive. IT...IS...good we do not have to re-member at all. YOU...can do it for us. Way #3? Let us hear you tone. (Audience tones together).

Very good. Yes! Now breathe with a smile. Put all these steps together and make it a little dance! Step to the right and move, and we step to the left and smile, and we step to the right and move and step back to center and go Ahh. Yes! IT...IS...so fun.

⁴ In 2021, this unlocked insoulment was re-released, coinciding with the Up-leveled Avesa energies. Sri & Kira are sharing how to call forward and record the soul songs of others for Divine Healing, inside of [the Crystalline Atlantean Healing Chamber](#).

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Your laughter moves your belly, does it not? Yes! When laughter moves the belly, you are breathing! You are smiling, moving and toning. Your laughter is a great gift, is it not? IT...IS...so simple...to put these three steps together. THEY...ARE...a divine gift moving you into the time of your own Ascension Knowing.

Beloved children! As YOU...ARE...in this world...now: the energy of separation and those that wish for you to enjoy separation, are, indeed, offering YOU great opportunities to A-LION with separation.

Are there not many opportunities available for you now?

Your consciousness is being constantly bombarded with “Listen to me. No...listen to me. No, over here, go over there.” Just when you *think* you have it all, and you are feeling so good, a friend says, no you don’t. Hmm? Are they a friend or not?

IT...IS...imperative divine beloved ones, that in the sea of divine bliss you open the portal of dimensional recognition that will ignite the ascension energy within thee⁵. Your ascension energy IS...has ALL-ways been...and will ALL-ways BE.

IT...IS...imperative for YOU to re-cognize...now...in this world, as millions. YES! We use this word intentionally. As millions step into the first wave of their own form of ascension, there are millions more that are activating the opportunity and the recognition of BE-ing able to tangibly pay attention. To tangibly step into ascension energies between the worlds right now⁶.

We have shared many of what you know as, Ascension Acceleration Experiences. You have known this for many years now. Ringing in the ears, the headaches, suddenly relocating. Saying, *it makes no sense I’m moving again, and again, and again, and some of you leaving relationships not knowing why*. Thinking withing that this makes no sense. Or, this is a good person, why would I leave this relationship?

⁵ Direct reference to *Living in the Seventh Dimensional* experience that sustains the open portals of CONSCIOUS Multi-dimensional existence. The moment of the full Sacred Union of the Soul with Formed Consciousness as the Fully Integrated Master of the Yoga of Self-Ascension.

⁶ This is the invitation to Multi-dimensional consciousness as the full remembrance and experience of Spiral Time calls forward greater Mastery Capacity than ever available prior to this moment.



***Beloved ones, when will you trust that the Universe is divinely offering you every-thing
you need to be in divine full-fill-ment...now?***

Today we share another Ascension symptom, Multi-Dimensional Experiential Awareness. You will experience this as if this world, has literally stopped...Literally stopped.

***It will be as if your consciousness has become so recognizably understanding
that THIS...IS...the illusion, as if you were in your own film, and so,
you have the mastery to stop it⁷.***

Multi-Dimensional Experiential Awareness: Step by Step

The tree before you will just stop swaying. There will be no noise. You will feel your body in rapid acceleration, as if you are going many, many miles per hour. You may, for a moment, sense that you will crash into that stopped tree. This is very true.

Then the portal of Divine Love will open around thee as a brilliant flash of white light.
You will know that you have stepped into the moment of divine reunion.

Many of you practice this many times. Many of you are already practicing in your sleep.
Many are going to sleep, closing their eyes wondering why it is so bright in the room.
Opening their eyes only to see that the lights are out.

Beloved children, the light is all-ways on!
You cannot simply turn it off. ***Avoid trying...you'll just get tired.***
This is one way you know you are all-ready practicing.

As you practice more and more, when the illusion comes before you, you may be startled. Oh!
It happened! Oh, my goodness! And then, the experience may stop. OK. It will happen again
and again.

⁷ This is the exact description of the moment of conscious awareness of the Ninth Dimensional existence while carrying a body of form. This was first experienced by Master Lady Kira Raa during the New Moon Illumination of February 11, 2021.



Beloved ones, you are in the rapid time of activation acceleration. Pay attention...now. Let us return to the beginning; ***the response-able knowing of your Ascension Activation is here.***

Dearest children, in this world, one of the greatest energies in these times, is the one that declares you are not response-able for yourself.

Remember!

YOU...ARE...indeed, response-able to find your own Light again. YOU...came here... to do that.

Why are you here?

You came here to be the best you that you could ever be!

How can you be the best you that you have ever been? By remembering, reconnecting, and response-ably calling forth ALL that YOU...ARE! Without fear. Without doubt. Without hesitation.

Dearest beloved children, who are you focusing on? Are you pointing your finger at the one right across from you? You hurt me. You damaged me. You, you, you, you, oh my goodness gracious, there is no responsibility in that. There is only pain⁸.

When one cries out against another, they are demonstrating the level of pain they are holding in their heart. Does that not bring you pain to see them in such pain?

***Beloved children, when is enough pain enough pain?
You must ask yourself this! When is it enough?***

If you seek to point at others, you are denying yourself the gift of your divine beingness. You came here...to this world now...to absolutely BE the most amazing brilliant, stunning, open and divine gift of Light *that has ever been*⁹.

We receive the gift of coming through this body, (Master Lady Kira Raa), and seeing you in this form. Brilliant! Stunning and Divine! We offer you the gift of seeing yourself in that form too.

⁸ This is a reference to being stuck in the density cycle of Victim Consciousness that requires a Victim, Rescuer and Abuser.

⁹ 2021 represents the year in this experience of time when the Consciousness of Humanity arrived at the intersection of awareness expanding the ALL to experience beyond its concept of "self".

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It is why YOU...ARE...HERE. Every-thing in your life has conspired to assist you to BE the most beauty-full gift that YOU...ARE. Every-thing!

If you have had pain, jump up and down. Yeah! I have pain! Good. Been there. Done that. I have been hurt. What a gift to remember what that feels like. May I not offer that to another.

Beloved children, every-thing you have experienced offers you the choice of deciding. Where will I place my energy? Where will I focus? Where will I go? How will I bring forth the Divine Light of Love? YOU...ARE...on this planet...to really do it well!

If you have had many broad and diverse experiences, you are doing it really well. Congratulations. When you judge, and decide one thing is better than another, or one thing is wrong and another right, you are not focusing on your own divine beingness in that moment.

IT...IS...important to re-member, you are responsible for BE-ing the most divine beloved gift that there could ever BE. We trust and love you so much. We simply come to play and dance with you awhile. YOU...ARE...doing an incredible job!

Beloved ones. IT...IS...time on your planet, now, to re-member the three steps we offered. The greatest gift you can offer your-self and another, is your smile. **Your smile is your heart.** Perhaps, IT...IS...your smile, in that moment, that helps someone having a bad day, or has given up on all of the world. Your smiles assist them to remember that your heart is in the ascended state.

As you move and breathe, with each breath you offer to God, to the Universe...you offer yourself a "Thank You." **With each breath your body feels you loving it.** With each moment of consciousness, you receive the opportunity to call forth **I AM DIVINE LIGHT.**

I AM the Divine Presence.

I AM expressing only the Divine Love now.

Then...lift your harmonic tone. As your body gets to remember through feeling this divine energy, the world receives the gift of experiencing, once again, your knowingness through harmony.



YOU...beloved children, are the ones that are here to remember!
ALL of you are the ones that are here to remember.
How you remember is your beloved choice.

As you greet ALL, will you point your finger? Or will you turn up your lips and smile? How you greet another is the energy you call to your-self. When you emit the energy of: *I am mad at you, I am angry, you hurt me, you did this, etc:* It is as if you are locking yourself into a trunk with all of that energy building around you. And there's plenty of it around, is there not?

Your world has much energy that has been discharged¹⁰. There is much free-floating energy. You know this. You walk into a room feeling good and suddenly wonder why you feel so yucky. Because you went goop visiting. Yes. It's easy to go goop visiting. Yes.

How can you avoid goop visiting? In your divine protection of the cocoon of Light. Ignite this gift at your command and at all times. Calling this gift forth by smiling, breathing, toning, remembering, and by knowing, YOU...ARE...the gift.

Beloved children, IT...IS...not your job to fix anyone else. There you go. Burden removed. Yes! YOU do not need to carry that anymore. YOU are not here to fix anyone. THEY...ARE...here to claim themselves, and YOU...ARE...here to claim your-self.

How do you wish to help those around you?

Remember who YOU...ARE!

Smile at them! Sing with them. Move with them. Grab their shoulders and boogie baby. Yes! As we boogie together, what a ride IT...WILL...BE.

When the world around you stops, your consciousness will BE-light in the re-cognition that the illusion no longer has power over you. Many are all-ready doing this now.

¹⁰ The Sacred Container Practice is a beauty-full way to discharge and re-cycle energy without contributing to the planetary thought body. Learn and teach others! [Just click here.](#)



KNOW...your world will give you many chances to point fingers. IT...WILL...gift you many chances to do every-thing other than focus on YOU. When you re-lease the burden of having to fix anyone or anything... YOU...ARE...FREE. Whew! BE free! BE joyous! **As easy as 1-2-3!** YES! We love little steps, don't you? YES! And baby steps are all it takes.

Start by activating your Smile-O-Meter. Relax and allow your-self to fully A-Lion with your Divine gift of BE-ing.

Today, I allow myself to realize that every-thing in my life is divinely perfect!

No matter what I have experienced, I AM so great-full. Thank you.

Thank you for the gift of this life! Today, I AM HERE.

Today I AM breathing. Today, I AM witnessing those around me.

Today, I AM experiencing air.

Today, I get to DO, and BE, and FEEL, and KNOW¹¹.

Beloved ones!

Every moment is a precious gift, and WE...ARE...honored to share it with YOU.

Abundant blessings dear ones! WE...ARE...complete. To invite a question would deny the energy

YOU...ARE...experiencing... NOW.



We encourage you to re-lease questioning and just smile a while. YES! And so, IT...IS...beloveds. Many blessings!

¹¹ This is a DIRECT REFERENCE to the Ignited Shield of Zadkiel! [Click here to read about the Shield!](#) This energy opened on the planet in synergy with this unlocked insoulment being re-released. See graphic above.