



**Message NINE of Twelve  
Galactic Reorientation:  
Releasing the Myth of Leumeria**

*Through Wisdom Teacher Sri Ram Kaa & Master Lady Kira Raa  
June 30, 2005, TOSA Center for Enlightened Living, Tijeras, New Mexico, USA*

**The T-12 speak through Master Lady Kira Raa**

Important Note from Sri & Kira: This very powerful and unusual discourse is offered by the T-12. For some it will reveal information that may be considered startling. Specifically, the revelation of Tu'Laya and the birth of the Illuminati. This "revelation" was first brought forth during a discourse at our San Diego Conference in June 2005. We encourage you to simply be open, practice the breathing exercise offered, and enjoy your divine mastery presence!

**The T-12 Arrive**

Yes! Good Afternoon. We come to you today as many blended energies of the oneness of light and of the purity of love and preciousness.

In the preciousness we welcome all of you from the realm of the Archangelic, from the realm of Galactic upliftment, and from the realm of what you would call the Elohimian existence.

**The Gift of Upliftment**

We welcome you with many energies of splendor and love! There is much to talk about. Is there not? Yes! We welcome you with great joy!

Great Abundant joy, great effervescence and knowing, that indeed there are many energies present, many energies flowing, and many energies that are asking for connection to the greatest upliftment.

We offer you now this gift of upliftment. You say, "*Oh my goodness, we have heard about this upliftment before. Why are you talking to us about it now?*" We say because there is much to know. There is much to understand. There is much to be.



You are at the time of the Tu'Layan understanding<sup>1</sup> and the time of the release of the romantization. Many on this planet now are in great romantization because they are in great fear!

From great fear, comes great romantization. It is a great place to hide. When one is in fear, one can romanticize, can they not? Yes! Or you might call it create.

*Creationism, in and of itself, is a wondrous concept of a density realm indeed.*

*For when you are creative, when you are in the mode of creationism, when you offer yourself the gift of the depth of creationism, then and only then, will many unfoldments occur. Many!*

Within the unfoldment of many, you offer to yourself the gift of divine inspiration through the truth, not from fear.

**How often have you given yourself divine inspiration through the fear of what you do not, or do, want?**

### Understanding the Purity of Energy

*It is imperative for you to recognize that the energies of the release of fear are most prevalent with you on this planet now.*

Because of this many of you have been facing many fears, much skepticism, and many judgments about yourself, about others, about those around you. Oh, yes!

*It is imperative as you move forward now to embrace fearlessness with truth-full-ness.*

Who must you be truth-full with first? Yourself, of course! Yes!

As you call forth this truth-full-ness into your own soul, into your own being-ness, you are able to release romantization and come forward very

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<sup>1</sup> Note: Tu'Laya has been revealed as the true name of Leumeria



quickly, very quickly, very fast, into an understanding of that which is the purity of energy.

*What is the purity of energy?  
Dearest One! It is you, and you, and you!*

*IT...IS...ALL!*

You are ALL in the purity of energy. And! You have been given a great opportunity, now, in this third dimensional onlay. For indeed, you have reached the time where *this experience is the onlay!*

The multi-dimensional experience that YOU ARE, has already opened up a gateway and a divine portal. It is already your experience, if you choose to be present with it.

### Experiencing the Onlay

This experience, on this planet, is the onlay. We use the word onlay for you to understand. If you have an onlay what is it laying onto? If you take a piece of silver and onlay something to it, then it is affixed to the silver.

It does not become the silver. Does it not? It is simply on it. Indeed! The dimension that you are in now is the onlay for multi-dimensionality.

*For the time of the refraction is over. You have refracted far enough.*

If you take something and compress it, if you take any form and you compress it, until it has compressed, it will be similar to the original form. Yet it will indeed have taken a new form.

Dearest Ones! You are at the time of coming, recollecting, reintegrating. From the re-integrations and the re-collections, you are able to come back into great alignment with harmonic understanding. So many words! We know. We understand this too.



### The Tu'Layan Existence

This is why we have come to offer you more education today about the Tu'Layan existence. Because you are at the time where very rapidly many will be talking about Leumeria this, Leumeria that, Leumeria, Leumeria all the time! This is OK because it offers a romantization. It is a quiet escape. Many will say, *"Oh I have strong ties here, (in Leumeria), I understand this"*.

Of course you do! You have strong ties in a fictionalized account of that which is perceived to be too traumatic to remember.

It is important for you to re-member fully that the Tu'Layan existence was not traumatic at all. It is only with the density bound brain that you look at Tu'Laya and say, *"Oh my goodness, this is too much for me to remember. I wish to stay in the romantization. I shall stay in the Leumerian romantization. Why should I even begin to consider the truth of Tu'Laya? It is much more comfortable to be in the romanticized experience, as it is in density, as it is in the third dimension."*

### Galactic Re-Connection and Alignment

Right now... YOU ARE...experiencing a planet that is one of many planets that is reconnecting, and offering a great opportunity for vibrational increase, for vibrational shift, and for a-lion-ment.

*As you come into deep a-lion-ment with YOUR soul, and as the harmonic tones of YOU escalate; as you become more and more a-lioned with your light, as you live from the truth of your light, and, as all of this emanates from you; the colors, the tones, and the harmonies will become more vivid.*

The choices will become ever more abundant, and there will be an initial perception of being in confusion. The initial perception will say, *"There are so many decisions to make! How do I know which decision to make? How do I know which way to go? How do I understand?"*



We ask you to simply be. JUST BE.

This too, so many say: *“Too simple, too simple. Cannot just be. Give me reason to be!”*

We ask, who is “the me” that is asking for the reason?

Pay attention Dearest Ones,! You are an onlay. You are onlaid into the truth of your own light. Into the truth of your own BE-ingness.

***You ARE, in a multidimensional experience, now. Right now!***

It is "the you" who clings to density now. Indeed, so many wish to offer themselves lightness. We offer to give you this...breath and breathing. Not just the simple in/out<sup>2</sup>.

### **The Galactic Breath of Light & Levitation**

Pay attention! As you take in a breath through your nose right now, a deep breath, which nostril is drawing in the breath? Ask yourself, which one? Some may say "Both". Good. You must continue with the breath.

***The breath is indeed the key that will open up the pranic<sup>3</sup> life force that will levitate you out of this dimension.***

We use words that you understand and words that can also be misunderstood. No?

Breathe in deeply.

Over the next month, spend fifteen minutes, what you call minutes in your calendar, in your day, each day, outside, focusing on breath.

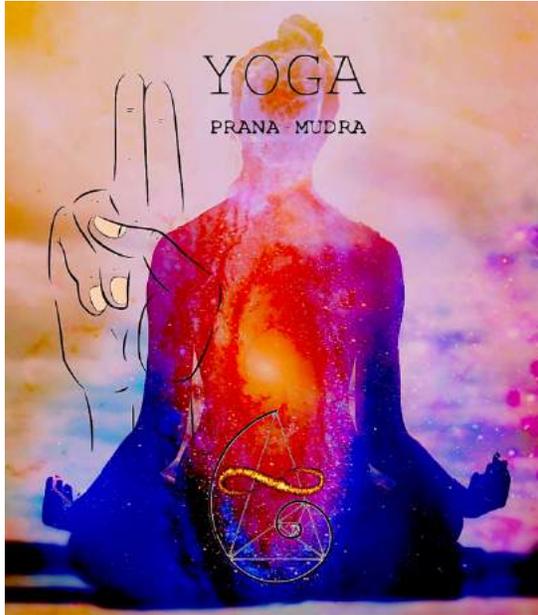
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<sup>2</sup> This is a direct reference to assisting with the ability to maintain conscious connection with multi-dimensional experience rather than simply moving in and out of divine communion.

<sup>3</sup> प्राण, prāṇa; the Sanskrit word for breath, "life force", or "vital principle". This permeates reality on all levels including inanimate objects.



### 1. Inhale a Deep breath.



2. Bring the breath down to the base of your spine. At the base of your spine call in a golden triangle of the Golden Mean.
3. As you bring in the Golden mean, golden triangle at the base of the spine with the breath, allow this golden triangle to emanate the infinite symbol and to send it up the spine.
4. Up the spine! Up through the heart! Up through the throat! Out through the crown.

Allow this breath to draw your life force into multidimensionality! To bring you into the truth of you.

### Releasing the Protected Tears

Many of you have what we call protected tears. The reason we call this protected tears, is because you protect them even from yourself. You do not wish to honor that they are there, so you keep them deep, you shut them away. Oftentimes you must find another, what we shall call "fall guy". Yes! You find another fall guy rather than deal with yourself.

**It is time for you to draw breath into the golden triangle and to draw up the protected tears.**

These tears do not need reason, Dear Children. They do not need reason. You do not need a reason for them.

**What they are, is a release of an energy field that protects you from true connection, into full memory...recognition, and alignment. The understanding and BE-ingness with the light that YOU...ARE.**



It is a very powerful time. It is a very **powerful** time. It is important for you to recognize that in the time of Tu'Laya, which was your *first adventure in density*, it was a brilliant time and it did not have the form of this planet.

In the romantization you are given bodies that look like this, you are given relationships that are similar and are overlaid on the earth's field. There are many who are bringing forth information about the romantization of Tu'Laya and this is very wonderful for indeed! As you touch base with the romanticized Leumerian experience it opens the gateway to the truth. This is why so many say, "*I cannot relate or I relate too much!*"

**Dearest Ones! Breath! Breath!**

**Breath is a gift of this experience, unlike any you have had before, even in the time of Atlantis.**

Breath is a great, powerful. culminating experience for you. Cherish every one. Cherish every moment. *You live in a planet now where many must hook up to machines for breath, and where they hook up more than they have ever hooked up before!* Indeed, many must carry their breath with them for many reasons. There are many reasons for this!

### Re-Membering the lessons of Tu'Laya

When you disconnect from the purity of breath, when you disconnect the channels of breath from being full, rich, and available, it gives you an opportunity to stay deeper in density!

*As you reconnect with your breath, and as you bring forth the flower that you are, you open up the doorway, and the gateway, of the truth of the Tu'Layan experience.*

It is imperative for you to understand this truth now. The reason it is so imperative is because at the end time of Tu'Laya there was indeed a split, there was a very large split.



And at the split at the end time of Tu'Laya was birthed what you call the Illuminati. You know this Illuminati? Yes! You do!

You must understand from the perspective of the Illuminati of the experience at the end of the Tu'Layan expression of light in form, it was very different from the expression of light in density! Understand there is a profound difference between these two.<sup>4</sup>

At the end of the Tu'Layan expression of light in form, there were two experiences that went on<sup>5</sup>. The experience that went on and said: *"Enough, we have no need to refract, we have no need to move further from form to density."* This is the energy that became what you call the Illuminati.

This is the energy that in it's own energetic form believes that it is the best thing for you to not have the density experience. That the recollection of light coming back into light would indeed mutate light. The illuminati themselves have been in a time warbled manipulated energy from their own density experience as have you.

Then there are the Tu'Layans who said: *"I am ready to go ever further for the greatest gift that light can bring light is light! Expansion."*

You are light, and you expand. This is who you are! This is why you are here...now!

As you moved forward and as you took form into density in Atlantis there was even a greater refraction. Dearest Ones! During the time you call Atlantis, many of you effortlessly were able to move between dimensions. Effortlessly. It was commonplace.

It is who you are now, this has not changed. However, at the end of Atlantis, because of the manipulations of the energy, because of the streams of what you did create, is what many call the separation.

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<sup>4</sup> The expression of Light in form and the expression of Light in density

<sup>5</sup> Archangel Zadkiel explains this in detail in the Lessons of Light series.



You were unable to have the effort-less contact in multidimensionality. You knew that you had to take one more experience of density on this, that you call Earth, to be able to fully experience life under the veil, as light...expressing.

*You are light...expressing. You are in a joyous time of culmination.*

### The Effects of the Earth's Magnetic Field

This is why we offer you this brief history lesson. It is most important for you to know you said "Yes! I will densify ever further. I will go ever further. I will become more aligned with the planetary energy under my feet. I will say YES to gravitational and magnetic pulls." And hence, you were put on a planet that is magnet. You are a magnet. Your bodies are a magnet.

**It is all magnetic streams of energy! Within these magnetic streams of energy your breath is the key to breaking open this energetic flow.**

Your breath releases and unifies these magnetic streams which gives you the opportunity to, once again, effort-lessly, effort-lessly, leave what you call the experience of density and reintegrate with all those who wish to reintegrate with you.

### Advanced Galactic Breath of Light Technique: Part two

Breathe in again through the nose. Bring the breath down to the bottom of the spine. Pay attention to which nostril is drawing breath.

Close the nostril that is drawing breath. Now breathe through the other one. Slow inhale and exhale, very deep. Do this again. Fifteen minutes a day, every day, during a thirty-day period.

Begin by drawing in the breath. Then identify which nostril is, and which nostril is not, drawing in the most breath. Then close the nostril that is drawing in the greatest breath as you allow the other nostril to open.



Then you switch again. Slow, deep breath. Fifteen full minutes, outside. Preferably under, what you would call, a tree. Use the tree as your nourishment.

Allow the tree to send up divine light for you. Allow yourself to release the density by being one with it. Be one with it. Find the spot that feels right for you. Fifteen minutes a day. If you gift yourself this, do not be surprised when you are floating above the earth.

*Dearest Ones, true breath, is the basis of true levitation.*

*True levitation is the basis of being able to release from all...ALL...density.*

Is your brain chatter saying: “*This can not be, can not be, will not happen?*” Just breathe it in. Breathe into the brain chatter. For some of you will feel you have physically left this planet. Some of you will be very consciously aware.

For some of you this may be the first time ever you will be consciously aware that you are no longer in your body, and that you are indeed working in multidimensional realms. That you are calling forth soul fragments that are so eager to be with you, they are waiting for you. Let them come!

### The Reunification

Dearest Children! YOU...ARE...ready to reunify with many beings of many places. Many! And they are just as delighted as you are. They are so delighted, and they recognize that you are in a planet of fear.

This is why we open today talking to you about the fear, about the tears, about the protected tears. *In your protected tears are your fears.*

If you say you have no fear, then live as you have no fear. We offer you also, that while you are in density, you must indeed remember your discernment. This is different than fear!

*Within your discernment you will understand!*

*Within your fear you will be stopped.*



**Be discerning and release the protected tears so that the fear may leave with you.** There are many things and projections on this realm of density. And you are indeed an onlay of another dimensional experience at this time.

There are many who are coming to join with you. And you are within a year of what many will call miraculous, many will call incredible, "*How did this happen? How could this have happened? How could it happen to me?*"

**Know that it is not happening to you, it is happening with you.**

You are a conscious co-creator; you are indeed calling this forth. What do you wish to consciously co create? In your fifteen minutes of breath where is your focus? Is your focus on, "*this is stupid, will not work, cannot do*", then you will create that!

This is why we offer it to you, to KNOW.

Or, is your fifteen minutes of breath a celebration that you are breathing, a celebration that you are an energetic magnet aligned with this magnificent planet that has housed you, clothed you, taken care of you, given you the opportunity to have this lifetime.

*This culminating density experience! You are pure light that has refracted into form that has refracted into density. That is ready to recollect into unification and oneness. You are ready. You are whole.*

### **The God in All, and the Heart of All**

You are already practicing; you are already doing. What is within your day-to-day life that is not a spark of God? Ask yourself this. What is it? No matter what shows up, is this the spark that is not God? Ask yourself.

It will answer all your questions. It will opportunitize. You like this word? It will opportunitize for you the time to release the protected tears. You do not need to know why they are coming out. They are not always yours, and sometimes they are. As you allow this great release call forth



your heart for others. Call forth your heart for others. YOU...ARE...the heart. YOU...ARE...the heart. We wish for you to take the concept of heart well beyond that which is inside your chest.

What is a heart? It is a pulse. It is love. It is understanding. It is more words than your words let us offer you now. As a collective heart there is anything open to you. Anything. Anything. What does a collective heart seek?

**What would the collective heart do? How do you move forward in a time that wishes you to move backwards?**

There is a great tractor beam of energy<sup>6</sup> on this magnetic planet that wishes to densify you ever further. This tractor beam is great and many get stuck in the tractor beam, and many get to the edge of the tractor beam and say, "*Cannot break free. Too much, I have been struggling too long. There is too much pressure, it is calling me back.*"

What do you do then? It is up to you what you do.

*You must understand that at the time of glorious reunification, whether you are in the tractor beam or are outside the tractor beam is irrelevant. What is relevant, if you like these words, is your heart. Whatever you do, if you do with heartfelt understanding, if your intent is not for the self, if your intent is for the greater service of all...that is what matters.*

We ask you to pay attention to this as there are many who you would judge and say, "*What they do is wrong.*" Do you know their heart? They may not be on your path and yet their heart may be in pure service. You must pay attention to this. All are in pure service when their heart is leading. How it looks and expresses is the gift of this planet!

*You chose, at the end time of Atlantis, to recognize that you were not complete and that is why you are here now.*

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<sup>6</sup> Archangel Uriel shares this extensively within the Golden Ray illumination.

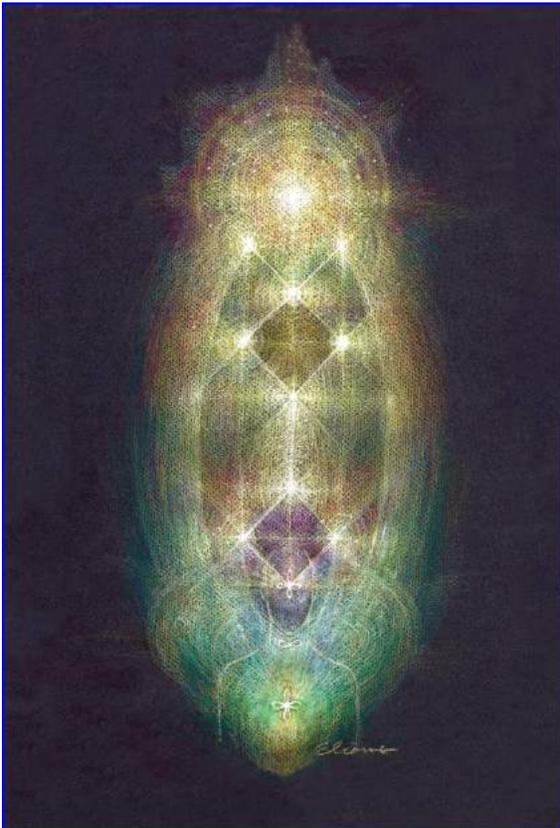


You knew you had to continue. We honor you deeply for continuing that which you have started and put in motion so many, many what you would call years ago. Many. You do not have numbers for this. And even if you do, they have no real meaning.

### Earth Magnetic Energies and the Pole Shift

You must recognize that as magnetic energies the poles are repelling as they are uniting. The planet that you are on must shift its poles. The poles must shift and you must understand this.

The magnetization of this planet is shifting. The vibratory rates are escalating and the escalation is due to the shift in the poles. It is minor, as many say, and yet you must understand it opens up a major energetic shift, alignment, opportunity, readjustment.



As you breathe in, and as you allow yourselves to become your own guide, and your own understanding, as you call forth the Divine Galactic Blueprint, move beyond the purple to the gold.

There is much purging that must come out of the bodies. Even as we sit in this body, we feel a purging.

It is important for you to know that you are ALL in the time of energetic supported release. You have come out of a time of many months of holding, of many months of preparation.

You are in the time now of the energetic release.



**For some this will feel as physical illness. For some this will be physical expulsion. For some this will be tiredness. For some this will be irritability. For some they will say, "Oh my goodness, I have it all!"  
Yes!**

### Preparing the Body for the Release of this time

As the releasing continues for ALL of you, you must recognize that if you offer yourself the gift of purity; pure water, pure lemon in abundant flow during the time of great release, deep breathing, understanding. Yes! Taking in that which must be.

Your feet are also expelling. Rub your feet often. They are connected deeply to the magnet. So for many, "*Why are my feet swelling? Why do my feet hurt? Why do my ankles hurt?*" Because your feet are trying to hold you. Swirl the ankles often. Rub oil on them often. Use aromatic oil that aligns you with your own soul energy. You will know this by the way you relate to it.

***It is most powerful for you now to be free of all that has held you in confines, including the body.***

The body is going to be shaking in its own way. It will be showing itself. Your breath will connect it. Your breath will connect it. It is most imperative now that you recognize that you are at the time of what we call *Saramasara*<sup>7</sup>. What do we mean by *Saramasara* ?

This is an ancient word that offers you divine connection through the understanding of your own pranic divinity.

***You must come back to the divinity of your breath, to the gift of the breath.***

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<sup>7</sup>This is an ascended energy that uplevels traditional Saṃsāra. A Sanskrit word that means "wandering" or "world", with the connotation of cyclic, circuitous change. It is also the concept of rebirth and "cyclicality of all life, matter, existence", a fundamental belief of most Indian religions. In short, it is the cycle of death and rebirth



How often is breath taken for granted? You wake up and you're breathing! What a gift! You are here now. You are breathing. What a gift.

### **The Time of Saramasara and the Super Human**

As you bring forth, and call forth this great precious time, it is a time, an energy time of the *Saramasara*. This will be known as the time of the *Saramasara*. Just as at the end of Tu'Laya it was the time of the *Marakara*.

You are now at the time of the *Saramasara* and at the time of the *Saramasara* there is great energy upliftment available to all. What many will call super human powers are already comparable within you. All you need do is understand you can call them forth. Indeed!

Are you not a super human? You have done this three times. You are the superest of super humans. Yes! YOU...ARE! You can all wear your capes with S's if you like! *(Much laughter)*

Yes! It is important to remember that as super humans you have done this. You are complete. You are whole.

***If within your own self you feel that you are not whole, then you must ask, "What is it within you, that you have not forgiven yourself for?"***

These are the protected tears, Dear Ones. You are whole! Many of you have experienced many past lives and now that you know of Tu'Laya, many vivid dreams will appear for you. They will seem as energies. They will seem very different.

### **YOU ARE HERE NOW**

You must get past the romantization of Leumeria to recognize you did not have bodies that look like these bodies now. You did not have bodies that look like these bodies now. Yes! You had form. And! You did not have bodies like these bodies now.



Once you allow that recognition release, as that comes in your Tu'Layan memories will flood you. You will know immediately what happened and where you are. You do not need to spend preoccupied time in a past life experience to do this.

You must KNOW this. Preoccupation with past life experience, at this time in your evolution, no longer serves the curious seeker. It is not about being curious.

It is about understanding YOU...ARE...HERE...NOW! Anyone doubt that? Good! YOU..ARE..HERE..NOW. We could say those four words individually. And so we will.

YOU...*breath*...ARE...HERE...NOW. And! You chose to be here now. You chose to be here now. You said YES, time and time again. You have not ever said no. Ever.

You have been in a gift. You have been within a gift, as YOU ARE the gift. You are a great precious gift of oneness and light. You are part of an eternal light that has come many, many, many, many, many, many what you would say miles, distances, there are no words.

***You have given yourself the opportunity to keep going because you love that much. If you ever doubt your heart, know how much we know, how much you LOVE. How great your heart is! How your love is so large! It is immutable! It is lofty! Your love is greater than any force in this universe.***

Collectively that love has brought you right here. You are honored. You are transcended. You are so whole. Allow the protected tears to come up.

Breathe, Dear Children, breathe. Take your fifteen minutes. Are you worth fifteen minutes? Yes! YOU! ARE! Fifteen minutes, and so is the tree. It will thank you abundantly.



Dearest Ones, we have gifted you many energetic alignments today. Each of you has been offered a golden mean ratio triangle at the base of the spinal column to be able to receive this breath, and to radiate the infinite symbols up.

As you do these practices, as you give yourself this gift, the doorways open. The time stops and all reconnects.

Know that all is in divine order. We will not ask for questions because you are in divine energy now and you must integrate it. The best way to integrate this energy is joy. And so, we offer you great joy! Celebration. BE. Breathing. Smiling. Yes! Very good!

*When you smile, when you lift, when you consciously create this gift of a smile, it is not just for you. It is for ALL. In just few months you will have your irrefutable contact. You are ready. You are ready now. It is time.*

*We love you dearly. Dearest Children of one-ship we welcome you home.  
We open your doorway as you have opened ours.  
YOU...ARE...a great portal of divine galactic light.  
Know how loved you are. Many blessings.*

