



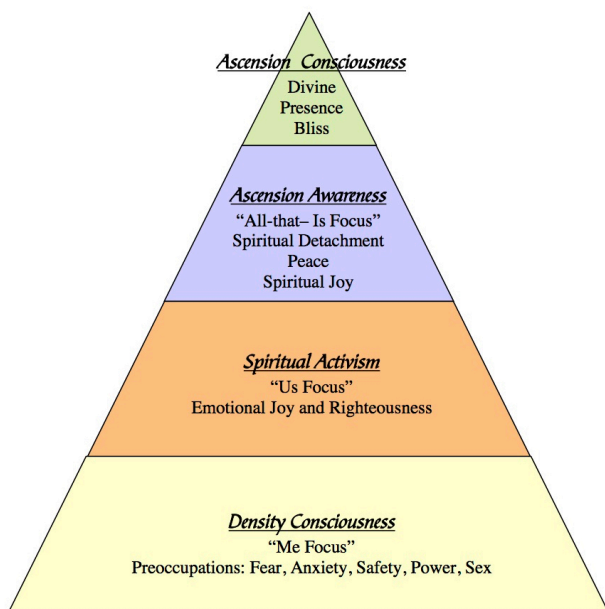
## TIME TO BREAK FREE!

### *Five Steps to Claiming the True Joy of Soul Consciousness!*

By Wisdom Techer Sri Ram Kaa & Master Lady Kira Raa

As the energy of our beloved planet gains strength and expression, our bodies often are the first to notice. 2020 is proving to be a powerful year that is calling all who are ready to Divine Service in Action!

Naturally ALL of “the bodies” are responding; including your physical, spiritual and emotional body. Have mercy on yourself as you adjust to the powerful shift that is upon us all. Gift yourself with loving compassion! This is the moment to fully embrace and transcend the beloved “sly pirate” known as the Ego!



*Pyramid of Spiritual Awakening*

Ego is a universal aspect of human consciousness that has expanded throughout the millennia creating cultures and societies defined by their **me-focus**. Deep within the wellspring of most earth-bound experiences, the “ego-trap” is often discovered. (*First step on the pyramid of spiritual awakening is Density Consciousness.*)

It is here that many begin their journey. The recognition of growing beyond a “me” focus, ignites the exploration of the greater mysteries. Many spiritual traditions offer practices assisting the explorer to dismantle the ego’s grip.

**Once this journey begins, the first a-ha moment arises:**

*The ability to witness the difference between Egoic Reality & Soul Consciousness.*

The ego reality is strengthened by words. Words are easily manipulated...words are championed by the ego to support agendas. The most challenging aspect of ego-based reality is the development of the spiritualized ego. It is a challenging moment as the soul in form evolves. All beings walk through their spiritualized ego on the way to full Ascension Awareness, OR they empower their egoic reality through the spiritualized ego



creating a sense of grandiosity or “spiritual specialness”. (*This is the second step of the pyramid of spiritual awakening...Spiritual Activism.*)

Grandiosity, or “spiritual specialness”, is difficult to unravel once it is anchored in place. The spiritualized ego finds plenty of fuel to keep it active through fourth dimensional “Spiritual” attachments that actually feed the spiritualized ego. It is a virtual feast for disincarnate beings and trapped energies that are planet bound. Often the information received has a shred of “truth” within its context. This intentional, (*and only initial*), display of validation seeks to entrap the one who has virtually surrendered their power to their ego.

One of the gifts of this experience, is that it is the journey of one who is truly a great Being of light and love! The challenge is to walk through this illusion and ascend from within the grip that is holding the ego in its last dance of power.

Humans seem to require some form of a ‘fall’ to discover true inner surrender and authentic communion. For the one who in egoic entrapment through the spiritualized ego, they will flirt with this ‘fall’ several times prior to the “final fall” that ignites re-birth and freedom from all illusion!

***These egoic energies are smart, sly and misunderstood, you might ask yourself:  
How can I really know?***

Here are the five “symptoms” that signal that the spiritualized ego is in control. Take in a deep breath, relax, have mercy on yourself, and read:

**1. Denial of Personal Emotional Wounding:**

Refusing to acknowledge projected emotional energy. Denial expresses as gravitation toward lofty ideals, or organizing ones focus on sources outside of Self. We must do “X” because ‘they’ are doing “Y”. This expresses in the “sense of greater good”. Example, one religion feeling superior to another.

**2. Denial of Personal Responsibility:**

Reality is co-created – when our needs are not met, an empowered action is to gaze inward to recognize how our unmet emotional needs drive our perceptions and judgments. For one who is in the grip of spiritualized ego, the cause of pain is all-ways from “others”. Someone/something external to the Self is misbehaving!

**3. Need to Manipulate Opinion or Distort Facts:**

The willingness to share incomplete or out of context information to support personal agenda. Feeding on feeling ‘right’. Seeking allies by focusing others to base their actions on “headlines” versus thoughtful examination. (*Example: mainstream media focuses on ‘headlines’ that support a point of view versus a sincere exploration/understanding of differences in opinion*)

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#### 4. Preoccupation with Right/Wrong:

The ego loves to blame! The sly pirate will do this subtly, by pointing to lofty principles of right & wrong to justify projected energy. The soul does not judge! It allows space for all creation to evolve. Harmony between peoples occurs naturally when agendas are relaxed, and the organic process of balance occurs. The spiritualized ego feels a need to control and justifies itself through seeming to be aligned with a higher principle.

#### 5. Grandiosity and Pontification:

Preaching – offering unsolicited advice, calling for attention from others, sense of carrying the ‘final word’ on matters, relying on a ‘higher authority’ and denying the validity of other perspectives. Grandiosity is a natural expression of a spiritualized ego that resides in the 6<sup>th</sup> or 7<sup>th</sup> chakras. Often accompanied by a sense of ‘only my information is inspired’ (*reinforcing spiritual specialness*)

The spiritualized ego needs to feel special or claim unique empowerment. Sincere spiritual surrender results in inspiration and mystical communion. How that inspiration is lived, understood and communicated can be interfered-with by the ego. The ego believes it must control, provide safety and be acknowledged. It usurps the authentic soul expression based upon unfinished emotional healing.

The journey of wholeness is a universal human path that begins through our resolution of the energies of separation and fear. To be healthy, humans are faced with the need to love themselves and evolve; the universal part of the human condition.

The need for wholeness and safety underpins most of our life activities. This evolutionary urge lifts us beyond the physical and emotional worlds as a longing for re-union. This awakens the Yoga of Self-Ascension as the realization that safety is in fact a density concept. True safety is found through embracing a spiritual knowing and aligning with the Authentic soul energy.

Embracing a Soul-Conscious life opens a wrestling match with the ego. The ego is child-like and disconnected from any rules of fair play! Inviting the soul to lead means we get to confront the distractions championed by the ego. All sense of doubt, pain, fear and lack is the arena of the ego and used by the ego to take control of your experience.

This human condition (pain, fear and doubt) is so common we accept it unquestioningly. In fact, the soul’s energy is Joy. Love, deep peace, and the sweet recognition that all is well, is the foundation of ascended Love. These qualities are found at the core of every human heart. Tenacity is required to champion the emergence of the soul into our co-created reality.



It is a glorious moment on the planet, and the strength of your Soul-Consciousness is the greatest guide along the way!