

# SACRED PERU 2020

A scenic view of the ancient Inca city of Machu Picchu, featuring stone buildings and terraces built on a steep mountain slope, with a backdrop of jagged, forested mountains under a blue sky.

AWAKEN AUTHENTICITY & UP-LEVEL YOUR MASTERY

# Sri & Kira WELCOME you to an Extraordinary adventure!

*The Foremost Authorities of Self-Ascension will lovingly guide you through a series of workshop experiences to lift your vibration and empower your Authentic Mastery!  
Enjoy Peru's Sacred Valley for a week of Spiritual Up-Leveling, Personal Growth and Cosmic Connection.*

**Imagine a full week at a luxurious garden retreat center in Peru's Sacred Valley where you can unpack, relax, tour and UP-LEVEL EFFORTLESSLY!**

**Your spiritual journey includes a dynamic 3-part Ascension Energy Attunement!**

**PLUS sacred group trainings with Sri & Kira!**

**Our chosen resort has superb gardens, gourmet superfoods, spa services & authentic Andean ceremonies.**

***The spacious schedule includes time for personal meditation, hikes, sacred shopping.***

***Optional private sessions with Sri & Kira are available!***

**Each day is carefully planned to deliver an authentic Andean experience while supporting your Sacred Nature.**

***Touring without tiring!***

**BONUS! Moray Circles Acceleration!**

**In 2005 Sri & Kira led a group to this sacred site to open an ACTIVE Ascension portal.**

**While access is now more restricted, we will re-visit that energy and expand the portal...a true blessing!**

Open your Heart and RECEIVE the GIFT of Sri & Kira's vast Knowledge of Indigenous South America and Vibrational Healing experiences to inspire and uplift you...



# Your Peruvian Spiritual Adventure - At a Glance

- \* Two Ascension Energy Workshops with Attunements assisting your spiritual, emotional and physical bodies to ACCEPT much Higher frequencies. Insoulements offered by Sri & Kira, to help you Discover & Remember the Authentic Energy of Mastery
  - \* Group Workshops with new information, teachings and practices to support your spiritual path EXPANSION and up-leveling
    - \* Personal brief personal Insouled Message for each participant from Kira Raa
    - \* Interactive Q & A evening with Sri & Kira
  - \* A full week to integrate Ascended Energy as you EFFORTLESSLY UP-LEVEL your MASTERY!
- \* 7 nights at a truly enchanting garden retreat center in the Sacred Valley
  - \* Organic & Vibrant, vegetarian meals lovingly prepared
  - \* Sun-filled garden studios for our group gatherings
  - \* Hiking beneath magnificent Andean peaks in awe-inspiring Sacred Valley scenery
  - \* Exploration of mysterious ancient cities & temples of Cusco and Machu Picchu

- \* Colorful, traditional Quechua, Incan descendants, in their mountain villages, an artist and photographer's dream

- \* A professional and passionate local guide who teaches Andean spiritual traditions, culture, history and cosmology and who understands WHY we are all there!

- \* Participation in ancient Incan ceremonies with authentic practicing *pakkos*, Qero healers, offering Authentic coca leaf readings!

- \* Visit to an isolated mountain community where you will Experience the heartfelt practice of *ayni*, Andean reciprocity or exchange and interactive activities with the students

- \* Generous personal time for optional Healing Sessions, Readings, Spa services and expanded personal coca leaf readings.



# Your Itinerary Day by Day

*Please schedule your flight to arrive in Cusco on the first day before 11 a.m.  
(B.L.D) indicates breakfast, lunch, or dinner included*

## Every day

- \* Private Meeting Rooms for your optional private sessions.
- \* Sacred Gardens to discover and celebrate greater Ascended Presence.
- \* **Gourmet vegetarian meals served promptly at:**  
8:00a.m. (Buffet breakfast), 1:00 p.m. (Lunch), and 6:30 p.m. (Dinner)
- \* **Fresh herbal teas** are available from 6:00-9:30 a.m. and 3:30-5:00 p.m.

## DAY 01. ARRIVAL IN CUSCO: SATURDAY, Oct 10

Your program begins with one group transfer from the Cusco airport to your lovely hotel conveniently situated off the historic Plaza de Armas.

*If we have your arrival information 60 days prior to the event, then a Hotel representative will meet your flight. Otherwise, please take a taxi within the airport to your hotel for an additional small fee. **Note: Please arrive into Cusco no later than 11a.m. to acclimate to the 11,000 ft. altitude.** We will send a recommended packing list plus our suggestions for Altitude drops to insure your comfort to acclimate to the altitude after receipt of your registration for the journey.*

**3:00 p.m.** Meet Sri & Kira plus our guide in the hotel lobby for a brief group orientation meeting.

Late afternoon walk through the cobblestone streets of San Blas, where you will see fascinating Incan stonework en route to the **Korikancha** Temple, the holiest site during Incan times.

**6:30 p.m.** Meet together for a delicious vegetarian Peruvian group dinner. (D)

**Historic Cusco!**  
**Beauty and Wonder!**

## DAY 02, SUNDAY Oct 11

**A.M.** After breakfast our bus takes us to the awesome giant stones of **Saksaywaman** overlooking the city of Cusco where we will enjoy a brief meditation and leisurely hike around the vast Incan site.

We then continue on to the Incan ritual fountains at **Tampumachay**. "Where there is water, there is life."

Participate in a ceremony to honor *Yaku*, the spirit of water, to open the body's energy centers and activate and enhance your individual creative and healing forces. A traditional coca-leaf ceremony invites you to tap into the energies of *Pachamama*, Mother Earth.

**P.M.** Have lunch on your own at a café near main square of Cusco.

**2:00 p.m.** Drive in the Sacred Valley through spectacular Andean mountain scenery. We begin with the first of three ascension attunements at the energetically potent Moray Circles, one of the most visually stunning Inca ruins. This is the site where Sri & Kira BEGAN ALL of their spiritual journeys in 2005 by activating the first Ascension Portal!

After connecting with the vortexes at Moray, we will continue to the stunning garden resort where the Quechua staff will welcome us all to the retreat center. We will have time to unpack and get oriented. review the full weekly schedule after arrival so you can schedule time later in the week for Andean spa services, private healing sessions, spa or readings with Sri or Kira.

Learn about optional hikes and the use of the beautiful yoga, meditation and ceremonial spaces. (B.D)

## DAY 03: MONDAY, Oct 12

**A.M.** This day is dedicated to the **Ascended Understanding of Pachamama**, Mother Earth. The 5<sup>th</sup> Dimensional Earth is available as a point of stability and support for your Ascension Process. This morning is our second Group Attunement process gifted to us by Sri & Kira. You will learn how to effectively clear yourself of lower frequency energies as you further anchor in the Soul's frequency. Following the group workshop, you are encouraged to relax or meditate in the splendors of Nature to integrate the energy.

Late Morning enjoy a private coca-leaf reading with the authentic **pakko, Qero healer** visiting from the high Andes. Or opt for a guided walk through the Rumichaka farming neighborhood where the Quechua farmers live.

**1:00 p.m.** Wholesome gourmet vegetarian lunch. In the afternoon, optional private healing sessions and readings with Sri & Kira or indulge in Andean spa treatments. Coca-leaf readings continue from the morning.

After dinner, enjoy a full group **Andean offering and transformative fire ceremony** with our high level pakko. The ceremony serves as a wonderful preparation of mind, body and spirit for your pilgrimage to Machu Picchu. (B.L.D)

### DAY 04: TUESDAY, Oct 13

**A.M.** Visit the spectacular ruins of *P'isaq*. Overlooking impressive Incan terraces, the group is invited to hike to the Temple of the Sun, a doorway to the upper Andean world of the Condor, messenger of the Gods. Meditate with the group and walk in a silent personal vision quest to expand your third eye & Star Consciousness. Enjoy a picnic lunch.

**P.M.** Return to the main square of *P'isaq* and visit the famous, colorful market filled with woven goods, jewelry, wall hangings and hand-painted beadwork. Enjoy café or tea in the market square where you can observe colorfully dressed campesinos wearing traditional clothing coming to barter and sell their produce. *P'isaq* is a photographer's dream. Return in time for a late afternoon garden meditation or optional private sessions before dinner. (B.L.D)

### DAY 05: WEDNESDAY, Oct 14

**A.M.** Early breakfast then board the train to Aguas Calientes. Tea/coffee and snack served on train. A bus takes you to the sunlit terraces of **Machu Picchu**. Enjoy a fabulous guided tour of the ancient "City of Light." Experience a journey through the masculine energy temples of political & spiritual power, then reconnect with the feminine earth energies within the Divine Self.

**P.M.** In the afternoon, hike to *Inti Punku*, the original Incan Gateway to the Sun or to the Incan bridge.

Late afternoon train back to Ollantaytampu where you will transfer to the hotel in time for a late dinner. (B.D)

### DAY 06: THURSDAY, Oct 15

**A.M.** Visit the ceremonial site of **Ollantaytampu** and its famous Sun Temple. In this quaint picturesque town, lunch is on your own. You may want to enjoy lunch at a well-known restaurant "Heart Café" which supports local communities.

**P.M.** Afternoon Self-Ascension Workshop. Time permitting you can also meditate in the Gardens of your choice and allow yourself time to receive the ancestral crown chakra energies beneath the 1000-year-old lucuma tree. Enjoy an Andean SPA treatment, or private session. For the more active traveler, you may select from a variety of hikes and activities through the valley and up the mountains. (B.D)



### **DAY 07: FRIDAY, Oct 16**

A special day of mindfulness and integration! Today is dedicated to your EXPANSION and UPLEVELING of ASCENSION ENERGY! Enjoy the pure, sacred energies of *Pachamama* in the Chakra Gardens. Choose a guided morning hike to the town of Urubamba through farming neighborhoods, visit a typical, lively Peruvian market, a high-quality alpaca factory store and the famous Seminario ceramics shop.

**1:00 p.m.** Enjoy a Gourmet Vegetarian lunch

Bonus afternoon workshop with Sri & Kira. Receive your THIRD ATTUNEMENT and Special Insouled Messages for your personal journey.

**6:30 p.m.** Special Farewell Integration dinner. (B.L.D)

### **DAY 08. DEPARTURE: SATURDAY, Oct 17**

**10:00 a.m. Check-Out Time.** Enjoy early morning yoga, and meditation if you desire and then we will gather for a closing circle.

The group bus leaves at 10:00 a.m to the Cusco airport to connect to Lima, and your flight home.

Please do not schedule your departure flight before 1:45pm! Please select a flight to Lima that leaves Cusco between 2 pm-4 p.m.

***Return home feeling blessed with the pure spiritual energy of your transformational Andean journey-of-a-lifetime. (B)***



***Ready For your Spacious Luxury Retreat of  
Ascended Expansion?***

***This unique spiritual journey combines a powerful  
personal evolution workshop with a wondrous tour of  
Peru's spiritual treasures.***

***A unique opportunity for you to  
UP-LEVEL your MASTERY!***

***Limited to only 22 participants – Reserve Your space now!***

***[Click Here to Reserve](#)***

**All Inclusive Tour and workshops,  
as fully described in this PDF,  
is only \$4,950 per person for double occupancy**

**Note: After April 30, 2020 Tour Fee goes up to \$5,250**

Single Supplement: \$850.00

Upgrade to a larger Luxury Room, subject to availability,  
\$220/person, double occupancy (see photos next pages)

**Payment plans are available please ask for details:**

**Payment in full is due by July 25, 2020**

[Click Here](#) to reserve your space!

**Tour Cost does NOT include:**

**International roundtrip flight to Cusco via Lima.**

- Separate airport transfers and hotel bookings.
- Tips, sundries, alcoholic and bottled beverages, laundry, Private Sessions and spa services.
- Tour begins at 3 pm on October 10<sup>th</sup>.
- Some meals as noted on itinerary, are not included (3 lunches.)

**Cancellation Policy:**

***Please read carefully and ask any questions before making your deposit.***

**Initial \$250 Reservation Deposit is non-refundable and  
non-transferable for any reason.**

**The balance of your paid tour fees are 60% refundable up until June 30,  
2020, assuming your space is filled by another participant.**

**As of July 01, 2020, all fees paid are non-refundable.**

[Click Here](#) to reserve your space!

Questions? Please write [Support@selfacension.com](mailto:Support@selfacension.com) for further details!



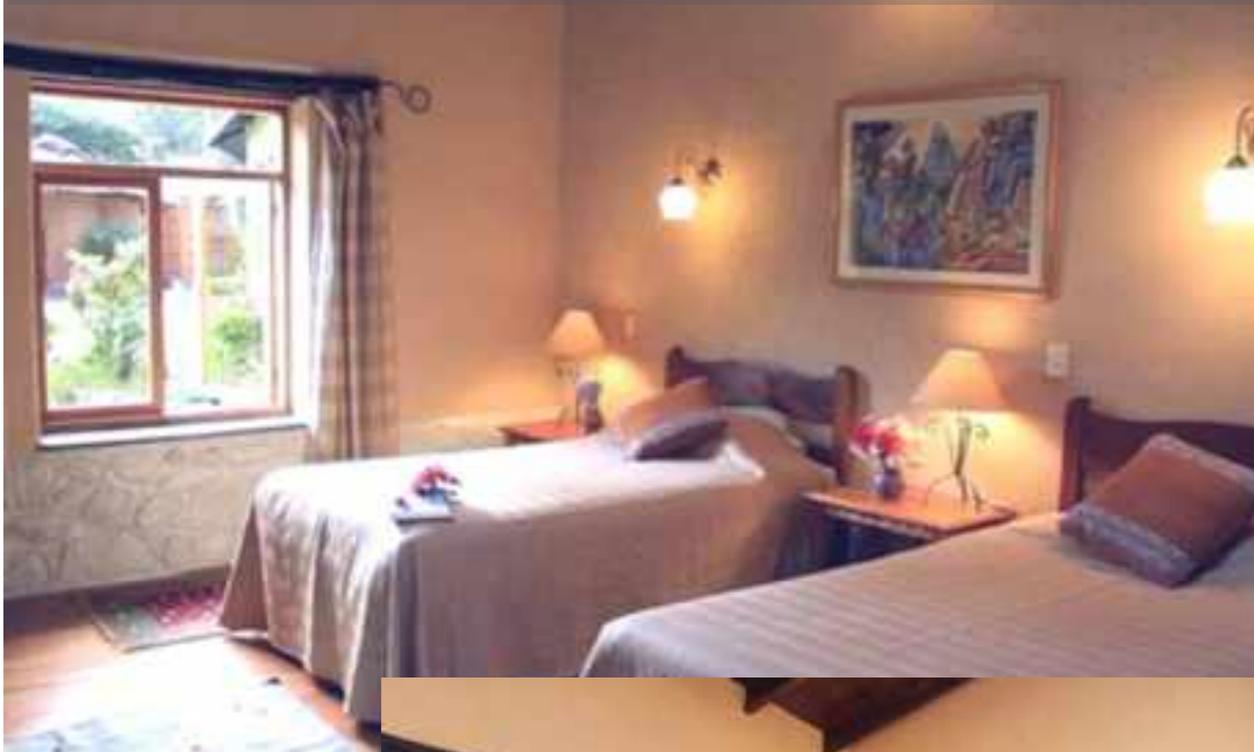
# All rooms overlook stunning meditation gardens!

## Standard Double Room, included in base tour fee

**Beds: 2 | Occupancy: 2**

The Garden Double room has access to the gardens, with beautiful views of flowers, trees and mountains. Tucked away in charming areas throughout the gardens, each room has an ensuite modern private bathroom and 2 twin beds. Each guest room is uniquely designed and decorated and is named for the Andean medicinal plant that grows at its doorstep.

*Please note that all rooms are unique and may vary from those pictured here.*



## Standard Couple's Room, included in base tour fee

**Beds: 1 | Occupancy: 2**

The Garden Couple's room has access to the gardens, with beautiful views of flowers, trees and mountains. Tucked away in charming areas throughout the gardens, each room has an ensuite modern private bathroom and 1 queen bed. Each guest room is uniquely designed and decorated and is named for the Andean medicinal plant that grows at its doorstep.

*Please note that all rooms are unique and may vary from those pictured here.*



## Luxury King Couple's Room, upgrade option



### **Beds: 1 | Occupancy: 2**

The Luxury King Couple's room is made from natural earth materials and adorned with local artwork. Each of these spacious luxury rooms incorporates Feng Shui design principles and takes advantage of beautiful mountain and garden views. Each room has 1 king bed, an ensuite bath and access to the gardens, with beautiful views of flowers, trees and mountains.

*Please note that all rooms are unique and may vary from those pictured*

## Luxury King Single's Room, upgrade option

### **Beds: 1 | Occupancy: 1**

Made from natural earth materials and adorned with local artwork. Each spacious luxury room incorporates Feng Shui design principles and takes advantage of beautiful mountain and garden views. Each room has 1 king bed, ensuite bath and access to the gardens, with beautiful views of flowers, trees and mountains.

*Please note that all rooms are unique and may vary from those pictured*

