

Join Sri & Kira in Shangri-la Modern-Day Bhutan

Dec 03 - Dec 15, 2019

5-day Sacred India Pre-journey to the Origin of the Dharma in Sarnath and the Holiest city on Earth, Varanasi!

Feel our heart and love reach out to you NOW!

Bhutan has a legacy that pre-dates most "ancient spirituality". Anchored in this mystical land we will open communion with the inner realms in profound ways that honestly defy words...FEEL that gift now!



For MANY years we have been aware this journey would find its moment. It is the Crown Jewel of ALL our spiritual travels and could very well be our last journey with a group of travelers. We are limited to only 16 travelers & HONORED to obtain permission for that many to join us! Another miracle!

> Together we open the cosmic portals, glide through the dimensions and co-create this Journey with our beloved Friend Ken Ballard. This blessing grants us all unprecedented access and the ability to play Crystal singing bowls inside the sacred temples and caves. This is usually prohibited!

Bhutan is RARE and this is a bonafide bucket list journey! Navigating the complex systems that Bhutan has in place to protect it, (and rightly so), bringing this together is truly the first miracle and EVERYONE involved has the same goal: YOUR FULL AND COMPLETE Anchoring into ENLIGHTENED PRESENCE through Happiness & Authenticity!

As our heart connects with your heart, we know it is important for you to relax & experience the ENERGY and FEELING of Bhutan. Most of the photos in this PDF, *(including this lovely Ganesh)*, were taken by Ken who is a truly gifted photographer and so much more!

As you enjoy this PDF delight as you discover your energy calling to you! Take time and simply BE with this gift and call forward your miracle! Sit with the photos that are really calling, follow your heart & notice what you discover! WE LOVE YOU and Honor your presence.

Sri & Kira

KUZU ZANGPO LA

...means Welcome or Hello in Dzongkha, the national language of Bhutan. The word 'Dzongkha' means the language (kha) spoken in Dzongs. (The spiritual fortresses of Bhutan.)



It all begins in Paro valley and your Round trip Airfare from New Dehli, India to Paro is included! You will need to arrange for your own airplane transportation from your home airport to New Dehli, India.

(Sri & Kira are offering a PRE-JOURNEY Sacred Temple tour that will include time in Sarnath, where the DHARMA BEGAN...imagine going there first! This is considered to be one of the four most sacred sites for the Buddha PLUS we will be going to the Jyotirlinga in Varanasi!)

Sri & Kira will meet you at the airport in New Dehli and from there we touch down in Shangri-La! Arriving we will meet Ken & Sam in Paro, Bhutan to start our adventure!

Meet Ken Ballard: our dear friend and a RARE BLESSING!

"My heart is dancing with love, delight and joy, to join with my Beloveds Sri & Kira in taking you on a most rare and sacred journey to Druk Yul, the land of the Thunder Dragon. Bhutan! The name itself conjures visions of magic and mystery. ShangriLa. A land beyond time. A land where chili is a national dish as well as a condiment. A land of red organic rice that is fragrant and delicious.

From the moment we step onto this sacred land, there is a tangible sense and feeling of the potent energy here. It just feels so good just to BE here. Peace-filled. Joy-full.

You will be meeting Bhutan's sacred and colorful peoples, both past and present as we light weave weave their lore and unique Spirituality into this journey. I have chosen one of the finest and least visited festival times of the December 2019 full moon to be there.

Guru Rinpoche, the bringer of Buddhism to Tibet on his way to teach in Tibet with his revered consort Yeshe Tsogyal will join us during our inner travels.

We begin our Journey in the pristine Paro Valley. Our first ceremony will be at the **7th Century Kyichu monastery**, the seat of Compassion for Bhutan. We will visit the **Paro Dzong** one of the finest monastery fortresses in all of Bhutan and **make offerings in the room where the Little Buddha was filmed** surrounded by the Dakinis. **Dungtse Lakhang** and its amazing murals, walking the spiral staircases as we receive the transmissions of all Buddhas both female and male will be a highlight. I have planned a **CHOD ceremony** for us to receive and be part of, a powerful ceremony of cutting away. A highlight will be the walk to the **Tigers Nest monastery, Taktsang.**

A most potent experience. These are just some of the experiences in the Paro valley that wait us. *Ken's sharing continues on the next page...*





From Paro we fly to the heart of Sacred Bhutan, the Bumthang Valley for a full week of exploration. We will visit **all of the finest monasteries in Bumthang** and walk up to the **sacred cave of Yeshe Tsogya**l in the Tangbi Valley for ceremony & an Insoulment w/Kira Raa, as well as visiting the ancient monasteries enroute.

We will go to the monastery where the great mystic and chain maker, **Pema Lingpa fashioned and empowered a chain garment that we will individually wear and make rounds of the inner sanctum of the monastery,** designed to wash away 10,000 lifetimes of old karma and shed old 'realities' while I play crystal bowls.

We visit an amazing monastery for a series of experiences including the room where **the imprint of Guru Rinpoche** *is in the rock from the time he and Yeshe Tsogyal were there.*

We will be at the least attended festival by outsiders in all of Bhutan where the mesmerizing lama dances and spinning of oral traditions & transmissions of empowerment as well as beautiful folk singing & dances of the women. We visit a 7th century monastery with its potent bardo room, these are just a few of THE MANY highlights in store for us. And there is so much more..surprises matter!

When we return to Paro to culminate our journey we will have our final ceremony in the **7th century Kyichu Lakhang monastery**.

Sri, Kira and I, all agree that this is beyond a journey. There is a much greater reason for us joining together and in many ways it is already revealing itself!"

业 GATE KEEPER



Recently, I had an extraordinary journey to Bhutan with a small group of spiritual teachers. We experienced a wonderful festival in the spiritual capital of Bumthang, in the Tangbi valley. It included a fire ritual as well as the lamas dancing the oral traditions of Buddhism in a small village that we got to by crossing a swinging bridge and walking on a path trodden by local people for many centuries. I was able to procure the special permits needed to visit many monasteries and other

restricted places, normally closed to Westerners. We were able to have quiet time and meditate in these sacred places. A participant wrote this to me after she arrived home.

Dear Ken,

Bhutan is slowly integrating. It was a life changing experience. I feel like I moved the inner cog, and now all of the other cogs are starting to move, though it takes time to move the deepest core change through the material field. Thank you so much. You truly create magic on a level that very few people would even dare to undertake. You create a sacred container which allows a safe passage through another world with enough comfort not to totally freak out the Westernaccustomed body and enough actual interface with the culture, the land, and the deep spiritual core of the peoples to engender a transformative experience. In olden times you might have been called a Guardian of the Gate, a Guide to the Other Worlds, the High Priest of the Sacraments. You are all of these and more - a warm, funny, caring, quirky, dedicated, easy going kind of guy. You serve an incredibly important function - to take those committed to consciousness and to the sacred into the heart of the traditions of the world where healing, wisdom, guidance, and perspective are to be found so that they may be brought back for the healing and transformation of our own culture. With you I feel like I get to visit the shamans of the world and hear their council for the planet. This comes through the land and the culture, the people you introduce to us, and the mysterious back rooms which you so fortuitously seem to hold the keys to. Perhaps I shall call you The-One-Who-Holds-The-Keys-To-The-Temple. Thank you again.

Lynnaea Lumbard, PHD Teacher, Writer, Philanthropist

This sharing, (photo to the left), from a recent Bhutan traveler with Ken speaks for itself! The blessing of being in Bhutan in harmony with the rare access we are being granted is a clear indicator of the MIRACLES present for this journey.

Please note we are strictly limited to only 16 people due to the extensive extra permits and temples we are visiting + Bhutan's limits on foreign guests allowed into the county.

This is completely different than the tourist whitewashed Bhutan visit...please only join us if want to experience the vast sacred nature of pristine Bhutan!



All of your meals are included.

Every meal will feel like a festival of sharing and love as we gather together in love, support and divine community.

Ceremonies are an important part of the Bhutaneses culture.

There are the ceremonies held that are tourist friendly and then there are those where it is considered a revered invitation to attend!



We are CULMINATING THIS JOURNEY at the Full Moon Festival of Dec. 2019! This is one of those very rare and revered invitations. During this ceremony they unfurl an ancient Thangka and this is the only time each year it is revealed! Imagine the Energy!









Our time has been carefully crafted to be a fluid journey so that you may fully absorb the rich culture, interact with the people, enjoy spacious meditations and be available for all else as it unfolds. You will have the time to fully EXPERIENCE!

Unprecedented ACCESS to Sacred Temples & AUTHENTIC CHOD ceremony

Ken has been bringing people to Bhutan since the 1990's. Each journey has been graced with the gifts of his deep friendships with the Monks and Edlers.

We will also be blessed to have this incredible ceremony be a part of our many sacred gifts! Our CHOD will be the balanced harmony of both Male & Female Singers.

When dear friend Tom Kenyon asked to create an All-female CHOD ceremony, it was Ken who made it all happen!

This is the CD cover from Tom Kenyon's release of the CHOD! The CHOD is a dynamic and visceral experience that employs the use of prayers, chants, and songs to alter awareness in profound ways. The CHOD practitioner visualizes a host of demons that represent hindrances to Enlightenment. During the ritual he or she invites these demons to devour his or her flesh, the purpose of which is to generate unobstructed primordial awareness (bliss conjoined with emptiness) through fearless equanimity.

This particular CHOD ceremony is called the Thragdung Dudjom Lingpai Threma Namia Chod, and it was recorded at the Thimphu Dudjom Choekang CHOD Centre, in Bhutan by an all female group of CHOD practitioners. This performance of the CHOD by an all-female group of chanters is a rare occurrence.

Note: When the ceremony began rain started to fall and continued unabated until the ceremony was complete. This was considered to be an auspicious sign, but unfortunately the rain sounds a lot like white noise (a hissing sound) in the background. Nevertheless, the performance of the CHOD by a group of all female chanters is so rare, we decided to release the recording in spite of this.







IGNITE your Inner Light to the next level of mastery!

EXPERIENCE the depth of your divine mystical presence that only can be accessed in the eternal land of the Thunder Dragon.



Yes! An Insoulment HERE! One of Two on our journey!

Breath taking energy & beauty!

Taksang: The Tigers Nest

The most sacred of Bhutanese shrines it is dedicated to Padmasambhava, an eighth century Buddhist master.

Many legends surround him and he is believed to have flown on the back of a tigress, who was the feminine goddess without whom this magical experience would not have happened, from Tibet to the location near Paro to subdue a demon in its lair on the mountain.

Since then, he established himself on the summit!







Feeling the bliss of ignition from our time in Paro, we next fly to Bumthang to expand further. Our internal transfers are by plane to maximize our time and offer spaciousness and support for our energy!



This journey opens private doors to ancient wisdom

Remember...Breathe...Know... and then...FLY!



Mysticism abounds everywhere! Fields of Prayer flags call out as does the ancient Art and rich culture! Prepare to dive deeply!



The gift of sharing time with the Bhutanese people is one that cannot be stressed enough!

Many who visit often claim that it was the ability to interact with the local people that offered divine inspiration and unlocked keys to mastery!

The Palace of Great Happiness



Bhutan is 100% Organic and the ONLY Carbon Negative country in the world!

72%+ of the country is VIRGIN land protected from development. It simple FEELS incredible here!



Bounti-full surprises are being planned that will blossom into rich blessings

Experience the Long Horns at the festivals and monasteries.

Pricing and Details

Butter Lamp offerings in the Temple

We have extensively negotiated and are honored that **everyone** involved in this journey has reduced their normal fees as they are aware of the bonafide Sacred Nature of this journey and all of us want to keep this as affordable as possible! (And for Bhutan this is an incredible value & why we are filling quickly!)

Gaze into your heart and soul as you carefully review the next two pages.

Once you are ready to commit, please carefully read the last page of this PDF with the payment processing instructions. Please send us an email so we can accept your deposit as we are already over half full. Please write to us directly at: <u>namaste@SriandKira.com</u>

Bhutan Journey Overview and Payment Options

Journey Dates: December 3-15 12 nights in Bhutan, 13 days

December 15 is the return flight to India and the Group program ends with Breakfast December 15 in Bhutan. Please note that you MUST arrive into the airport in New Delhi very early morning of the 15th or arrive on the 14th and rest. If you are joining Sri & Kira for the 5-day India pilgrimage pre-journey this will be arranged for you.

Flights: Your international flights must arrive/depart from New Delhi, India. ALL OF YOUR Internal FLIGHTS starting with New Delhi to Bhutan ARE INCLUDED. There are 4 flights included in your costs.

Staging point: You will meet Sri & Kira at the airport in New Delhi and a meeting area will be arranged and sent to you. Upon arrival into Bhutan we will be greeted by Ken and Sam in Paro.

On group arrival in Paro, we check into our lovely boutique hotel, enjoy orientation, and visit an amazing 7th century monastery where Ken has arranged special entry permission for our first Bhutan experience. It is stunning as a first day. That evening we come together as family for our Welcome Dinner.

Discounted rate for 100% of the ground portion, round trip flights to Paro from Delhi, plus round trip flights to Bumthang Valley. *Many other inclusions, please see next page for full details.* \$6950 per participant all inclusive, double occupancy. Please read the next page. Single Supplement: LIMITED available: \$940 Your Bhutan Visa and permit fees along with all other fees ARE included!

Affordable Payment options:

Non-refundable deposit to secure your space: \$1000
Plan A: Balance paid in one payment by December 31, 2018
Plan B: Four equal payments after deposit, 12/31, 04/15/19 & 07/15/19
PlanC: 10 equal payments of \$595, due the 15th of each month starting 10/15
Plan D: Make your deposit and let us know what you would need as a plan and we will do our best to accommodate you if at all possible.



Bhutan Journey Payment Overview - Continued **YOUR AMAZING JOURNEY PRICE INCLUDES EVERYTHING HERE!**

- Round trip Airline Tickets to Bhutan from New Delhi.
- \$50 Bhutan Visa fee + extra permit fees for sites normally closed to Westerners. We will be getting your Visa for you and after you register you will receive more information.
- All entrance fees to all sites.
- All group meals served as our community gathers together. Note that Ala carte orders not included. Bottled water, coffee and tea included at meals. Other beverages are available for purchase.
- Best Boutique hotels in Bhutan for each area we are visiting.
- A full day at one of the least visited most sacred festivals in Bhutan. This is an authentic rare NON-Tourist festival with the ancient Thangka and amazing lama dancers. Hear the clashing of the gongs as you connect!
- Dec 12-Full moon special ceremonial experience. AWESOME!
- Full AUTHENTIC CHOD ceremony with the CHOD MASTER! (This is a miracle in motion!)
- Rare Access to sacred temples and ceremony.
- Local Transport on NEW and comfortable bus...for local day journeys only...we will fly the longer distances.

Your only "extra" is a Mandatory Gratuity: \$240 (USD)per person cash collected upon arrival from Sam and Ken. They will distribute throughout the journey and you will not be asked for any other gratuities!

Please note! Due to the EXTRAORDINARY challenge of navigating Bhutan and the laws that surround deposits and name changes, your deposit is NON-REFUNDABLE as are ALL of your payments. IF you are unable to attend for any reason PRIOR TO MARCH 2019 if we are able to fill your slot we will be able to offer you 50% of your payments ONLY if another fills your slot. Please ask your questions prior to making your deposit and we are happy to answer them!

Our NEW bus for when we have internal driving! A true bonus!



Bhutan Masters Journey

Tour Payment Process



If we are full when you reach out we will assign you to the wait list if anyone would drop.

We will send you the wait list instructions with our response to your request to join us.

Please write to us directly at: namaste@SriandKira.com



We are HONORED your heart has called you to join us!

Please note that everyone involved in this journey has either 100% cut or severely reduced their fees to keep this journey affordable! As such the payments can only be made as follows.

Please also carefully read the refund guidelines from the PDF of this journey and we welcome your questions!

Your non-refundable \$1000 deposit and all other payments are to be made either by wire transfer or direct deposit to the account identified in the next column.

If you choose to use a credit card you are welcome however please note that we must add a 5% surcharge to cover processing fees. Image: Second systemBank: Wells Fargo BankBank Address: San Francisco, CAAccount Name: The Temple of Self-AscensionBeneficiary Address: 8345 NW 66th St, #4853

Miami, FL 33195-2696

Account Number: 5383341012

Routing Number: 321270742

Wire Instructions: The above information in addition to the Swift Code provided here should be everything you would need.

SWIFT CODE: WFBIUS6S

WE LOVE YOU!